



Crisis Cycle



Crisis Phase

Response

Least amount of interaction necessary for safety



Escalation Phase

Set Expectations (positive cue)

Response

Offering options from baseline



De-escalation Phase

Response

Structured cooling off



Stimulation Phase

Response

Removal of or from stress and stimuli



Stabilization Phase

Response

Active Listening



Baseline Phase

Response

Support them in what they are doing



Post-Crisis Phase

Response

Observe and support

