

Remote Learning: Tips & Tricks

Remote Learning can be very useful in terms of flexibility because you can work from virtually anywhere; however it can also hinder productivity. Here are some tips and tricks to stay productive during remote learning.

Keep Your Morning Routine

Set your alarm clock and get up and get dressed as if you were going to be attending school in person. Shower, eat breakfast and get your computer and materials ready for the remote learning school day.

Create a Schedule

While remote learning, it is important to plan and manage your time carefully by designing a study schedule that suits your life. Treat the day's schedule like you would at school, allowing yourself five minute passing periods, but stay productive throughout the duration of each class period.

Keep a Dedicated Workspace

It is important to separate your personal space from your workspace to help you stay focused and do your best work! Choose a specific place in your home where you can work, as you would at a desk in school. Avoid working from your bed or while lying down. Identify and lessen any distractions, such as Social Media or streaming, to ensure an efficient work flow.

Create a List and Celebrate as You Complete Tasks

If you have not started using a calendar or planner, now is a great time to do so. Use a calendar to create weekly lists of assignments due dates and tasks you may need to complete those assignments. Celebrate as you complete tasks to stay motivated and on schedule.

Know When You Need a Break

Another reason to keep and maintain a schedule is to help avoid burning out. It is important to know your mental limits--take a break, if needed. Get up, stretch, get a drink of water, or take a walk around the block over your lunch break.

Stay Off Social Media While Learning

Staying focused is important, and Social Media can often distract you from a task. Instead, use Social Media as a reward for your hard work implemented in your schedule. Treat yourself with a break and scroll through Instagram for 5 minutes.

Avoid Procrastination

When remote learning, it is easy to say, "I'll do that assignment later." Stay on track with your lists and daily schedule to ensure success and reduce stress.

Get Extra Help, If Needed

Email your teacher and ask to set up a time to meet over zoom to talk about the material with which you are struggling. You may need to set up zoom appointments several times a week until you are back on track. Contact your administrator or school counselor if you are interested in Knightly Success for required after school homework help.

Source: Adapted from Learn4life.org

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