

လှေခါးပခိုက်ကို LPS ဟံင်ဖိယီဖိတဖှ်,

ဝံသးစူဖးဝဲဒှ်တနွံအံၤအတၢ်ကစီၣ်ဒုးသ့ၣ်ညါလၢအဘၣ်ယးဒီးတၢ်ဂ့ၢ်တၢ်ကျိၤလၢအရ့ဒှ်ဒီးတၢ်ကစီၣ်ဒုးသ့ၣ်  
ညါချးဆၢချးကတီၢ်သ့ၣ်တဖှ်န့ၣ်တက့ၢ်.

ဖဲအံၤန့ၣ် အိၣ်ဒီးတၢ်ကွဲးပျါထီၣ်တၢ်ဂ့ၢ်ခိၣ်တီလၢကမၤစၢၤနၤအဂီၢ်-

- ကိုဖိလံာ်နံၣ်လံာ်လါလၢ လါအ့ၣ်ဖြှ် ၁၉သီ - ၃၀သီ
- တၢ်ဆၢကတီၢ်လၢခံကတၢ် လၢတၢ်ဆိတလဲ/တၢ်ခိလဲတၢ်မၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ်လၢခိၣ်ဖျါထီၣ်လၢ  
ဟံၣ် ဒီးလၢ-နီၢ်ကစၢ်
- တၢ်ဆိတလဲတဖှ်လၢတၢ်ဟ့ၣ်နီၤလီၤတၢ်အိၣ်တၢ်အီၤ ဆူပုၤမၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ်ဖိတဖှ်အဂီၢ်
- တနံၣ်တဘျီတၢ်လီၤယုထီၣ်သ့ၣ်ညါ တၢ်ဟံၣ်ပျါထီၣ်တၢ်ထံၣ်/တၢ်ဆိကမိၣ်
- တၢ်တီၢ်ကျဲၤဘၣ်ယး မံးလံာ်တၢ်ဟးသကိး Extra Mile Walk - VIRTUAL
- ၂၀၂၁ - ၂၂ တီၤဖိသ့ၣ် Kindergarten တၢ်ဆဲးလီၤမံၤ ခဲအံၤအိးထီၣ်ဝဲဒှ်လံ
- ၂၀၂၁ - ၂၂ ကတီၢ်ဆိကို တၢ်ပတံထီၣ်လံာ် ခဲအံၤအိးထီၣ်ဝဲဒှ်လံ
- လှေခါးအဝဲၣ် City of Lincoln တၢ်ဆိၣ်ထွဲမၤစၢၤဘၣ်ယးဒီးဟံၣ်အလဲ ဒီး ကံသဝံ/ထံ/လီမ့ၣ်အူ
- တၢ်ဆိၣ်ထွဲမၤစၢၤလၢဟံၣ်ဖိယီဖိတဖှ်အဂီၢ်
- တၢ်ကူၣ်ဘၣ်ကူၣ်သ့ၣ်လီၤဆိ
- တီၤထီၣ်ကို ကသံၣ်ဒီးသဒၢ တၢ်ဆဲးကသံၣ်အလီၢ်တဖှ် ပုၤလၢအသးနံၣ်အိၣ် ၁၆နံၣ် ဒီးသးနံၣ်အါန့ၣ်  
တဆံယုနံၣ်ဆူအဖိခိၣ်တဖှ် ဒီးအဝဲသ့ၣ်အမိၢ်အပၢ်/ပုၤကွၢ်ထွဲတၢ်တဖှ်
- တၢ်ကီၢ်ခါတၢ်မၤလိမၤအလီၢ်တဖှ် ဒီးတၢ်မၤလိမၤဒီးတၢ်ခွဲးတၢ်ယၢ်တဖှ်

ကိုဖိလံာ်နံၣ်လံာ်လါလၢ လါအ့ၣ်ဖြှ် ၁၉သီ- ၃၀သီ လၢလါအိးကထိဘၣ်,

လၢလါအိးကထိဘၣ်, တၢ်ကူၣ်ဘၣ်ကူၣ်သ့ၣ်ကမံးတံာ်မိၢ်ပုၤဟံးန့ၣ်/တူၢ်လိာ်တၢ်ဆိတလဲသ့ၣ်တဖှ်လၢကိုအလံာ်  
နံၣ်လံာ်လါ. နကထံၣ်န့ၣ်ဝဲဒှ်တၢ်ဘျီဘၣ်ကဒါက့ၤအလၢအပဲၤဖဲ [student calendar here](#) တၢ်ဘျးစဲအပူၤ. လၢ  
တၢ်ဖိလံာ်အံၤမ့ၢ်ဝဲဒှ်ကိုဖိအလံာ်နံၣ်လံာ်လါလၢခါဆူညါခံနွံအဂီၢ်န့ၣ်လီၤ-

**မုၢ်ဆၣ်/မုၢ်တနံၤ, လါအ့ၣ်ဖြှ် ၁၉ သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖှ်အိၣ်ဝဲဒှ်လၢကိုဖိခဲလၢာ်အဂီၢ်.
- တၢ်ဟ့ၣ်နီၤလီၤတၢ်အိၣ်လၢပုၤမၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ်အဂီၢ် ([Click here for more information](#))  
စံာ်လီၤဖဲအဲကလံးကျိၣ်လံာ်မံာ်ပျါလါအဲဖိခိၣ်လၢကဒီးန့ၣ်ဘၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်န့ၣ်တက့ၢ်.

**မုၢ်ယုၢ်/မုၢ်ခံန့ၢ်, လါအုၢ်ဖြၢၣ် ၂၀ သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.

**မုၢ်ပျဲ/မုၢ်သၢန့ၢ်, လါအုၢ်ဖြၢၣ် ၂၁သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.
- တီၤထီၣ်ကို - ကိုပျၢ်ဆိ

**မုၢ်လ့ၢ်ဇိၤ/မုၢ်လ့ၢ်န့ၢ်, လါအုၢ်ဖြၢၣ် ၂၂သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.

**မုၢ်ဖိဖး/မုၢ်ယဲၢ်န့ၢ်, လါအုၢ်ဖြၢၣ် ၂၃သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.

**မုၢ်ဆၣ်/မုၢ်တန့ၢ်, လါအုၢ်ဖြၢၣ် ၂၆သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.
- တၢ်ဟ့ၣ်နီၤလီၤတၢ်အိၣ်လၢပှၤမၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ်အဂီၢ် ([Click here for more information](#))  
စံၢ်လီၤဖဲအဲကလံးကျိၣ်လံာ်ဗၢ်ဖျၢၣ်လါအဲဖိခိၣ်လၢကဒီးန့ၢ်ဘၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၣ်အဂီၢ်န့ၣ်တက့ၢ်.

**မုၢ်ယုၢ်/မုၢ်ခံန့ၢ်, လါအုၢ်ဖြၢၣ် ၂၇ သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်တီၤဖိသ့ၣ် - ၁၂တီၤကိုဖိသ့ၣ်တဖၣ်အဂီၢ်.
- ကတီၤဆိကို- ကတီၤဆိကိုဖိတဖၣ်အကိုတထီၣ်ဘၣ်
- K တီၤဖိသ့ၣ် - ၈တီၤ ( တီၤဖုၣ်ကို ဒီးတီၤခၢၣ်သးကို) - ကိုပျၢ်ဆိထီၣ်

**မုၢ်ပျဲ/မုၢ်သၢန့ၢ်, လါအုၢ်ဖြၢၣ် ၂၈သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.
- တီၤထီၣ်ကို - ကိုပျၢ်ဆိ

**မုၢ်လ့ၢ်ဇိၤ/မုၢ်လ့ၢ်န့ၢ်, လါအုၢ်ဖြၢၣ် ၂၉သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.

**မုၢ်ဖိဖး/မုၢ်ယဲၢ်န့ၢ်, လါအုၢ်ဖြၢၣ် ၃၀သီ**

- ကိုထီၣ်/တီၤသ့ၣ်တဖၣ်အိၣ်ဝဲဒၣ်လၢကိုဖိခဲလၢၢ်အဂီၢ်.

တၢ်ပၢ်ပနီၣ်တၢ်ဆၢကတီၢ်အလီၤခံကတၢၢ် လၢတၢ်ဆီတလဲ/တၢ်လဲလိာ်တၢ်မၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ် မၤလိတၢ်လၢဟံၣ် ဒီး လၢ-နီၢ်ကစၢ်

ဖဲလၢမ့ၤ ဂူသီန့ၣ် ကမ့ၢ်ဝဲဒၣ်တၢ်ဆၢကတီၢ်အစၢၤခံကတၢၢ်တသီ လၢဟံၣ်ဖိယိဖိတဖၣ်ကယုထီၣ်ဝဲဒၣ်လၢကိဖိတဖၣ်ကဆီတလဲ/ကခိလဲ တၢ်မၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ် မၤလိတၢ်လၢဟံၣ် မ့တမ့ၢ် လၢ-အနီၢ်ကစၢ် လၢကိတၢ် မၤလိန့ၣ်အဝဲအံၤအပူၤန့ၣ်လီၤ. တၢ်ကကွၢ်ကဟံၣ်ကွံာ်ထဲဒၣ်လၢကိဖိသ့ၣ်တဖၣ်လၢအဘၣ်တၢ်န့ၣ်လီၤအီၤလၢအနီၢ်ကစၢ်-ကဘၣ်အိၣ်ယံၤခိဖျိလၢတၢ်ပၢ်ဖျါထီၣ် COVID-19 တၢ်ဆၢအယိန့ၣ်လီၤ.

နမ့ၢ်အဲၣ်ဒီးလၢနဖိကဟဲက့ၤထီၣ်ကဒါက့ၤကိလၢ-အနီၢ်ကစၢ် မၤလိမၤဒီးတၢ်လၢကိအလီၤခံကတၢၢ်ခံန့ၣ်န့ၣ်, နကလိာ်ဘၣ်ဆဲးကျိးဆဲးကျၢၤဒီးနကိအဝဲဒၣ်လၢတၢ်ဆီတလဲ ဖဲလၢမ့ၤ ဂူသီအနံၤန့ၣ်လီၤ.

တၢ်ဆီတလဲတဖၣ်လၢအဘၣ်ယးဒီးတၢ်ဟ့ၣ်နီၤလီၤတၢ်အိၣ်တၢ်အီၤလၢပုၤမၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ် ဖိအဂီၢ်

စးထီၣ်လၢမ့ၢ်တနံၤ, လါအ့ၣ်ဖြၣ် ၁၉သီ, ကိဖိသ့ၣ်တဖၣ်လၢအထီၣ်ကိလၢဟံၣ် remote learning full time လၢာ်ဆၢလၢာ်ကတီၢ်/တၢ်ဆၢကတီၢ်ပုၤပုၤသ့ၣ်တဖၣ်န့ၣ်လဲၤဟံးန့ၢ်တၢ်အိၣ်သ့ၣ်တဖၣ်လၢ North Star (door 10 on the west side of the building) တြၢၤနီၣ်ဂံၢ် ၁၀ လၢအအိၣ်လၢတၢ်သ့ၣ်ထီၣ်အမ့ၢ်န့ၣ်တကဟၤ) မ့တမ့ၢ် လုခၢၣ်တီၤထီၣ် (တြၢၤနီၣ်ဂံၢ် ၃ဘူးဒီး Capitol Parkway အကျဲ door 3 near Capitol Parkway) စးထီၣ်လၢ ဟါခီ ၅:၃၀န့ၣ်ရံၣ် တုၤလၢ ဟါခီ ၆:၃၀န့ၣ်ရံၣ်.

ဒ်အမ့ၢ်ဝဲဒၣ်တၢ်ဒုးသ့ၣ်နီၣ်ထီၣ်တခါအသိး-

- တၢ်ဟ့ၣ်နီၤလီၤတၢ်အိၣ်အံၤထဲဒၣ်လၢကိဖိတဖၣ်လၢအမၤလိမၤဒီးစီၤစုၤ/စၢၤစိတၢ် remote ၁၀၀မ့ၢ် ကယုပုၤပုၤသ့ၣ်တဖၣ်အဂီၢ်န့ၣ်လီၤ. ကိဖိတဖၣ်လၢအထီၣ်ကိလၢအနီၢ်ကစၢ်န့ၣ်တၢ်တဟ့ၣ်အခွဲးလၢ ကလဲၤဟံးန့ၢ်တၢ်အိၣ်တၢ်အီၤလၢတၢ်လီၤသ့ၣ်တဖၣ်အံၤန့ၣ်ဘၣ်.
- ဟံၣ်ဖိယိဖိတဖၣ်ယုထီၣ်ဝဲဒၣ်တၢ်လီၤတတီၤဂ့ၤတတီၤဂ့ၤသ့ၣ်ဒီးတၢ်တလိာ်ဘၣ်လၢကိဖိကဘၣ်လဲၤဟံးဖျါ ထီၣ်အသးဘၣ်. ပုၤတဂၤလၢအလဲၤဟံးန့ၢ်တၢ်အိၣ်တၢ်အီၤန့ၣ်ကဘၣ်အိၣ်ဒီးကိဖိအကိဖိနီၣ်ဂံၢ် (တဖၣ်) န့ၣ်လီၤ.
- ခိဖျိလၢတၢ်ဆူးတၢ်ဆါရၤလီၤအသးယိ, USDA အံၤမ့ၢ်ဝဲဖဲဒ်ဒရၢၣ်/ကီၢ်စၢၤဖိၣ်ကျိၣ်စုတၢ်ဆီၣ်ထွဲမၤစၢၤလၢဂီၤခီဒီးမ့ၢ်ထူၣ်တၢ်အိၣ်တၢ်အီၤလၢကိဖိတဖၣ်တုၤလၢဖဲဒ်ဒရၢၣ်/ကီၢ်စၢၤဖိၣ်ကျိၣ်စုတၢ်ဆီၣ်ထွဲမၤစၢၤကတၢၢ်ဝဲဒၣ်တစုန့ၣ်လီၤ. လုခၢၣ်ပဒိၣ်ကိ ကိဖိလၢအမၤလိတၢ်လၢကတီၢ်ဆီၣ်ကိ တုၤလၢ ၁၂တီၤ ဒီးကိတၢ် မၤလိလံာ်လဲၤလၢအတဒီးသန့ၤထီၣ်အသးလၢပုၤကညီ Independence Academy ကဟ့ၣ်လီၤဝဲဒၣ် ဂီၤခီဒီးမ့ၢ်ဆါခိတၢ်အိၣ်လၢတၢ်တဟံးန့ၢ်အပူၤဘၣ်န့ၣ်လီၤ. LPS ကဆဲးကျိးဆဲးကျၢၤဝဲဒၣ်ဒီးဟံၣ်ဖိယိဖိ ဖဲလၢတၢ်ရဲၣ်တၢ်ကျဲၤအဝဲအံၤဘူးကလၢာ်/ဘူးကဝံၤလၢဟံၣ်ဖိယိဖိတဖၣ်ကရဲၣ်ကျဲၤ ဒီးဆိကမိၣ်တၢ်ပူၤ အိၣ်ဂီၤခီဒီးမ့ၢ်ထူၣ်တၢ်အိၣ်အဂီၢ်န့ၣ်လီၤ.

- ဟံဉ်ဖိဃီဖိတဖဉ်ကဘဉ်ဟ်ပတုဉ်အသိလုဉ်ဒီးဟဲန့ဉ်လီၤလၢတၢ်သုဉ်ထီဉ်ဒ်တၢ်ဟ်ဖျါထီဉ်လၢဟီဉ်ခိဉ်ဂီၤအပူၤအသိးန့ဉ်လီၤ.
- တၢ်လိဉ်ဘဉ်ဝဲဒဉ်လၢတၢ်ကဖျိဉ်/တၢ်ကးဘၢမဲဉ်သဉ်/နါဒု/ကိဉ်ပူၤ.
- တၢ်ပူၤဖျဲးဒီးတၢ်ဘဉ်ယိဉ်တၢ်သိဉ်တၢ်သီတဖဉ်ကဘဉ်တၢ်ဟ်လီၤအိၤဒ်အမ့ၢ် နီၢ်ခိက့ၢ်ဂီၤတၢ်အိဉ်စီၤစ့ၤ/တၢ်အိဉ်ယံၤလိာ်သးတၢ်ဟ်လီၤတၢ်ပနီဉ်ဘီဂီၤတဖဉ်လၢတၢ်ကဘဉ်အိဉ်ယံၤလိာ်သးအကျိၤန့ဉ်လီၤ.

လဲၤန့ဉ်လီၤကွၢ်ပပုဉ်ယဲၤသန့လၢကဒီးန့ဉ်ဘဉ်အါထီဉ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်န့ဉ်တက့ၢ်. [Visit our website for more information.](#)

**တနံဉ်တဘျီ တၢ်လီၤယုထံဉ်သ့ဉ်ညါ တၢ်ထံဉ်တၢ်ဆိကမိဉ်/တၢ်ဟ်သုဉ်ဟ်သး**

LPS လုခၢဉ်ပဒိဉ်ကွၢ် ပုၤမၤတၢ်ဖိ, ကွၢ်ဖိ ဒီးဟံဉ်ဖိဃီဖိတဖဉ်ကအိဉ်ဒီးတၢ်ခွဲးတၢ်ယာ်တခါလၢကမၤပုၤထီဉ်ဝဲဒဉ်တနံဉ်တဘျီတၢ်လီၤယုထံဉ်သ့ဉ်တၢ်လၢအဘဉ်ပးဒီးအဝဲသ့ဉ်အတၢ်လဲၤခိဖျါလၢအဝဲသ့ဉ်ကွၢ်ဖိလၢအဖျဉ် ၁၉-၃၀သီအဘၢဉ်စၢၤန့ဉ်လီၤ. တၢ်လီၤယုထံဉ်သ့ဉ်ညါတၢ်အဝဲအံၤကပဉ်ယုဉ်ဒီးတၢ်ဂ့ၢ်တဖဉ်လၢအမ့ၢ် လံာ်ညိဉ်သိဉ်ဒိဉ်/လံာ်တၢ်မၤလိမိာ်ပုၤ, တၢ်သိဉ်လိန့ဉ်လိ, တၢ်သမံသမိး, ကွၢ်တၢ်ဆဲးတၢ်လၢဒီးတၢ်ဆၢကတီၢ်တဖဉ်, ကွၢ်ဖိဒီးပုၤမၤတၢ်ဖိတၢ်ရုလိာ်ဘဉ်ထွဲလိာ်သးတဖဉ်, ဒီးကွၢ်ဖိတၢ်ပဉ်ယုဉ်မၤသကိးတၢ်သ့ဉ်တဖဉ်န့ဉ်လီၤ. တၢ်အဝဲအံၤကဟ့ဉ်လီၤဝဲဒဉ်တၢ်ဟ့ဉ်ကူဉ်ဟ့ဉ်ဖး/တၢ်ဟ်ဖျါထီဉ်တၢ်ထံဉ်လၢ ကွၢ်ပုၤမၤတၢ်ဖိကမၤစၢၤ/မၤဂ့ၢ်ထီဉ်တၢ်သိဉ်လိ, တၢ်မၤလိမၤဒီး, ဒီးကွၢ်ခိဉ်ယၢၤတၢ်အိဉ်ဝဲဒဉ်တရံး/တၢ်အိဉ်သးတဖဉ်န့ဉ်လီၤ.

ပုၤစံးဆၢတၢ်လၢတီၤခၢဉ်သးဒီးတီၤထီကွၢ်အပတီၢ်သ့ဉ်တဖဉ်န့ဉ်ကဘဉ်တၢ်သံကွၢ်စ့ၢ်ကိးအဝဲသ့ဉ်လၢတၢ်သံကွၢ်တနီၤလၢအဘဉ်ပးဒီးအဝဲသ့ဉ်တၢ်ထံဉ်တၢ်သ့ဉ်ညါလၢ School Resource Officers ကွၢ်ပုၤဟ့ဉ်လီၤမၤစၢၤတၢ်ပုၤဘဉ်မူဘဉ်ဒါတဖဉ် လၢအမၤစၢၤတၢ်လၢအဝဲသ့ဉ်ကွၢ်န့ဉ်လီၤ. တၢ်စံးဆၢလၢတၢ်လီၤယုထံဉ်သ့ဉ်ညါတၢ်အကူဉ်ဝဲအံၤန့ဉ်ကဘဉ်တၢ်သုအီၤလၢတၢ်သမံသမိးယုထံဉ်သ့ဉ်ညါ School Resource Officers ကွၢ်ပုၤဟ့ဉ်လီၤမၤစၢၤတၢ်ပုၤဘဉ်မူဘဉ်ဒါတဖဉ် တၢ်ရဲဉ်တၢ်ကျဲၤတၢ်အဝဲအံၤမ့ၢ်တၢ်လိဉ်ဘဉ်လၢတၢ်ပူၤဖျဲးဒီးတၢ်ဘဉ်ယိဉ်ဒီးဖိသ့ဉ်တဖဉ် အတၢ်တုၤထီဉ်ထီဉ်ဘး လီၢ်ကဝီၤတၢ်ဖဲးသကိးမၤသကိး တၢ်အၢဉ်လီၤတူၢ်လိာ် Safe and Successful Kids Interlocal Agreement န့ဉ်လီၤ.

ပုၤမၤတၢ်ဖိဒီးဟံဉ်ဖိဃီဖိတဖဉ်ကဒီးန့ဉ်ဘဉ်ဝဲဒဉ် လီၤပရၢလၢလုခၢဉ်ပဒိဉ်ကွၢ် [ips-esu18@qualtrics-survey.com](mailto:ips-esu18@qualtrics-survey.com) ယုဉ်ဒီးပုၤတဂၤအတၢ်ဘျးစဲလၢကစံးဆၢတၢ်အဂီၢ်န့ဉ်လီၤ. ကွၢ်တဖဉ်ကဟ့ဉ်လီၤဝဲဒဉ်ကွၢ်ဖိသ့ဉ်တဖဉ်တၢ်ခွဲးတၢ်ယာ်လၢကစံးဆၢတၢ်လီၤယုထံဉ်သ့ဉ်ညါတၢ်အဝဲအံၤဝဲလၢကွၢ်ထီဉ်အဆၢကတီၢ်န့ဉ်လီၤ. တၢ်လီၤယုထံဉ်သ့ဉ်ညါတၢ်အစၢသ့ဉ်တဖဉ်အံၤကဘဉ်တၢ်ဟ်ဖိဉ်အီၤတပူၤယီၤဒီးသုအီၤလၢကွၢ်တၢ်လဲၤထီဉ်လဲၤထီ/တၢ်ခိဉ်ထီဉ်ထီထီဉ်တၢ်ဖဲးတၢ်မၤအကျိၤအကျဲတဖဉ်ဒီး တၢ်ယုထံဉ်သ့ဉ်ညါလၢတၢ်ဟ့ဉ်လီၤ/စ့တိာ်ဟ်လၢလုခၢဉ်ပဒိဉ်ကွၢ်တၢ်ပိးတၢ်လိ/တၢ်မၤဖျါထီဉ်တၢ်ဖဲးတၢ်မၤသ့ဉ်တဖဉ်န့ဉ်လီၤ.

တၢ်တီၢ်ကျဲၤဘၣ်ပးဒီးမံးလၢတၢ်ပးသကိး Extra Mile Walk - VIRTUAL လီၤကၢ်ဒ်သိးပှၤပးနီၢ်  
ကီၢ်ဘၣ်ဆၣ်တၢ်ပၤလီၤက့ၤလၢခိၣ်ဖျၢၣ်ထၢၣ်/ကလံၤကျါ

မံးလၢတၢ်ပးသကိး Extra Mile Walk အံၤမ့ၢ်တၢ်တခါလၢတၢ်မၤသကိးအီၤလၢ LPS လုၤခၢၣ်ဒိၣ်ကိၣ် ဒီးလုၤခၢၣ်  
တၢ်အိၣ်အတၢး Food Bank of Lincoln အဘၢၣ်စၢၤလၢတၢ်မၤအါထီၣ်စ့လၢ LPS's BackPack လုၤခၢၣ်ပဒိၣ်  
ကိၣ်အထၢၣ်ဝံၣ်ချၢတၢ်ရဲၣ်တၢ်ကျဲၤဒီး Food Markets တၢ်အိၣ်အကျးသ့ၣ်တဖၣ်အဂီၢ်န့ၣ်လီၤ. တနံၣ်အံၤန့ၣ်, တၢ်  
ပးကဘၣ်တၢ်မၤဒုးအိၣ်ထီၣ်အီၤခဲလၢၢ်လၢခိၣ်ဖျၢၣ်ထၢၣ်/ကလံၤကျါ virtual ဖဲလၢလါအ့ၣ်ဖြၣ် ၂၆သီ - ၃၀သီအ  
တီၢ်ပူၤန့ၣ်လီၤ.

နဟ့ၣ်မၤဘူၣ်သ့လၢအိၣ်လဲၣ် ဒီးမၤလိအါထီၣ်ဘၣ်ပးဒီးတၢ်ဂ့ၢ်အံၤန့ၣ်စံၢ်လီၤဖဲအဲၤကလံးကျိၣ်လံာ်မၢ်ဖျၢၣ်လါ  
အဲးအဖီခိၣ်န့ၣ်တက့ၢ်. [You can donate online and learn more about the virtual event on the Extra Mile Walk website.](#)

### ၂၀၂၁-၂၂နံၣ် တီၤဖိသၣ် Kindergarten တၢ်ဆဲးလီၤမံၤအိးထီၣ်ဝဲဒၣ်လံာ်န့ၣ်လီၤ.

မိၢ်ပၢ်သ့ၣ်တဖၣ်လၢအဖိပှၤထီၣ်ယဲၢ်နံၣ်တချုးဒီးလၢလါယူၤ ၃၁သီ, ၂၀၂၁နံၣ် လဲၤန့ၣ်လီၤသ့ဝဲဝဲ Ips.org ဒီး  
စံၢ်လီၤဖဲတၢ်ပနီၣ်အလွဲၢ်ဂီၤ “Enroll Your Student” ဆဲးလီၤန့ၣ်န့ၣ်ပှၤကိၣ်ဖိအမံၤအတၢ်ပနီၣ် button အဖီ  
ခိၣ်န့ၣ်တက့ၢ်. နမ့ၢ်အဲၣ်ဒီးသ့ၣ်ညါအါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျဲၤလၢတၢ်ဆဲးလီၤမံၤအဂီၢ်စံၢ်လီၤဖဲလံာ်တၢ်ဘျးစဲလံာ်မၢ်  
ဖျၢၣ်လါအဲး အဲၤကလံးကျိၣ်အဖီခိၣ်န့ၣ်တက့ၢ်. [Here you will also find all the information necessary for registering,](#) တၢ်လိၣ်ဘၣ်လံာ်တၢ်ကွဲးနီၣ်ကွဲးယါ/တၢ်မၤနီၣ်တဖၣ် ဒီးတၢ်စံးဆၢလၢတၢ်သံ ကွၢ်ညီၣ်န့ၣ်အီၤတဖၣ်  
တၢ်ထံၣ်န့ၣ်အီၤဖဲတၢ်ဘျးစဲအပူၤန့ၣ်လီၤ.

မိၢ်ပၢ်လၢအတအိၣ်ဒီးတၢ်န့ၣ်မၤန့ၢ်တၢ်ဆဲးလီၤမံၤလၢ online registration အိၣ်လဲအ့ၣ်ထၢၣ်နဲးအပူၤတဖၣ်, မ့တ  
မ့ၢ်အဲၣ်ဒီးဆဲးလီၤန့ၣ်အဝဲသ့ၣ်အဖိမံၤလၢအနီၢ်ကစၢ်န့ၣ်, ကဘၣ်ဆဲးကျိးဒီးအဝဲသ့ၣ်အတီၤဖုၣ်ကိၣ်လၢအဝဲ သ့ၣ်  
အိၣ်ဆိးတၢ်အလီၢ်ဟီၣ်ကဝီၤလၢအဆိအချ့န့ၣ်လီၤ. တၢ်သံကွၢ်တဖၣ်လၢအဘၣ်ပးဒီး kindergarten တီၤဖိ  
သၣ်တၢ်ဆဲးလီၤမံၤကဘၣ်တၢ်ပၤဆုၤ/နဲၣ်လီၤအီၤလၢနမိအလီၢ်ကဝီၤကိၣ်လၢကလဲၤထီၣ်ဝဲတဖျၢၣ်န့ၣ်လီၤ.

### ၂၀၂၁ -၂၂ ကတီၤဆိကိၣ်အဂီၢ် တၢ်ပတံထီၣ်လံာ် ခဲအံၤအိးထီၣ်ဝဲဒၣ်လံာ်

ပကတီၤဆိကိၣ် တၢ်ရဲၣ်တၢ်ကျဲၤအံၤန့ၣ်တၢ်ဆိလီၤပၤလီၤတၢ်လံာ်အီၤလၢတီၤဖုၣ်ကိၣ်တဘျးဖျၢၣ်လၢပကီၢ်ရ့ၣ်ဟီၣ်က  
ဝီၤကိၣ်အပူၤန့ၣ်လီၤ. ဖိဒဲးဖိသၣ်တဖၣ်လၢအသးနံၣ်အိၣ်အစ့ၤကတၢ် ၃နံၣ် မ့တမ့ၢ် တချုးဒီးလၢလါယူၤလံ ၃၁  
သီ, ၂၀၂၁နံၣ် ဒီးပှၤဖိသၣ်တဖၣ်လၢ အသးနံၣ်တပှၤထီၣ်ဒီးယဲၢ်နံၣ် ဖဲလၢယူၤလံ ၃၁သီ, ၂၀၂၁နံၣ်ဘၣ်န့ၣ်,  
အိၣ်ဒီးတၢ်ခွဲးတၢ်ယၢ်လၢအကြးဝဲဘၣ်ဝဲကပတံထီၣ်ဝဲဒၣ်န့ၣ်လီၤ.

ဖဲလၢအဆၢကတီၢ်ခဲအံၤန့ၣ်ပတူၢ်လိာ်ဝဲဒၣ် ၂၀၂၁-၂၀၂၂ကိုတၢ်မၤလိာ်န့ၣ် ကတီၢ်ဆိကို အလံာ်ပတံထီၣ်တဖၣ် ဇီးတၢ်မၤနီၣ်မၤယါလၢအလိာ်ဝဲဒၣ်သ့ၣ်တဖၣ်လၢအ့ထီၣ်နးအိၣ်လဲၣ် online, ဒီဖျါလၢလီပရၢ email, fax မ့တမ့ၢ် mail လံာ်ပရၢန့ၣ်လီၤ. နကဘၣ်မၤပုၤထီၣ် ဇီးဆၢထီၣ်လံာ်ပတံထီၣ်တဘျီ ဇီးတၢ်မၤနီၣ်မၤယါလၢ တၢ်လိာ်ဘၣ်အီၤသ့ၣ်တဖၣ်ဒီဖျါလၢနဟဲလၢပဝဲၤဒၢးလၢနနီၣ်ကစၢ်, ပဝဲၤဒၢးအိၣ်သ့ၣ်လီၤသးဖဲ 300 S. 48th Street (enter door #2ဟဲန့ၣ်လီၤဖဲတြၢနီၣ်ဂံၢ် ၂) န့ၣ်တက့ၢ်. ပဝဲၤဒၢးအိၣ်တၢ်ဆၢကတီၢ်/န့ၣ်ရံၣ်မ့ၢ်ဝဲ မ့ၢ်ဆၣ်/မ့ၢ်တနံၤ တုၤလၢ မ့ၢ်ဖိဖး/မ့ၢ်ယါနံၤ စးထီၣ်လၢဂီၢ်ဒီ ဝးဝဝန့ၣ်ရံၣ် တုၤလၢဟါဒီ ၄:၃၀န့ၣ်ရံၣ်န့ၣ်လီၤ.

လၢကဒီးန့ၣ်ဘၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤ ဇီးလၢတၢ်မၤန့ၢ် (ဒီလိး download)လံာ်ပတံထီၣ်အဂီၢ်, ဝံသးစူၤ လဲၤန့ၣ်လီၤကွၢ်ဘၣ်ဖဲပပုၤယဲၤသန့-<https://home.lps.org/earlychildhood/preschool-application/>

လုၤခၢၣ်အဝဲၢ် တၢ်မၤစၢၤဆိၣ်ထွဲဘၣ်ယးဒီး ဟံၣ်အလဲ ဇီးကံသဝံ/ထံ/လီမ့ၣ်အူ

တၢ်ဆါရၢလီၤသးအယိမ့ၢ်အိၣ်ဒီးတၢ်ဒုးဆိကတီၢ်ယာ်နၢၤ/တၢ်တြီယာ်နၢၤ ဒီဖျါတၢ်ဆူးတၢ်ဆါအယိမ့ၢ်တမၤဘၣ် တၢ်ဒီးဟ့ၣ်ဟံၣ်လဲ ဇီးထံပူၤ/ကံသဝံ/လီမ့ၣ်အူအပူၤမ့ၢ်တန့ၢ်, တၢ်ဆိၣ်ထဲမၤစၢၤလၢအဘၣ်ယးဒီးကျိၣ်စ့ဂ့ၢ်ဝီလၢ လုၤခၢၣ်အဝဲၢ် City of Lincoln ဘၣ်သ့ၣ်သ့ၣ်ကအိၣ်ဝဲဒၣ်လၢနဂီၢ်/နမၤန့ၢ်အီၤကသ့ဝဲဒၣ်န့ၣ်လီၤ. ကျိၣ်စ့လၢက ဟ့ၣ်ကံသဝံအပူၤ, လီမ့ၣ်အူဒီးထံအပူၤတဖၣ်, ဇီးတၢ်ဟ့ၣ်ဟံၣ်အလဲ အိၣ်ဝဲဒၣ်/တၢ်ဒီးန့ၣ်ဘၣ်အီၤသ့ဝဲဒၣ်ခဲအံၤ လၢပုၤလၢအကြၢးဝဲဘၣ်ဝဲ/အိၣ်ဒီးတၢ်ခွဲးတၢ်ယာ်သ့ၣ်တဖၣ်အဂီၢ်န့ၣ်လီၤ. စ့ဟ်ဖျိၣ်/စ့မိၢ်ပုၤသ့ၣ်တဖၣ်အံၤတအိၣ် ဒီးတၢ်ဟ့ၣ်ကဒါက့ၤဘၣ်/တလိာ်ဟ့ၣ်ကဒါက့ၤဘၣ်. လၢကဒီးန့ၣ်ဘၣ်တၢ်မၤစၢၤ/တၢ်ခွဲးတၢ်ယာ်ဝဲအံၤအဂီၢ်န့ၣ်, နကဘၣ်တုၤထီၣ်ထီၣ်ဘးဒီးတၢ်ဟ်ပနီၣ်စ့တၢ်ဟဲန့ၣ်အတၢ်န့ၣ်ကျဲတဖၣ်, ဇီးကလိာ်ဘၣ်/ကဘၣ်အိၣ်ဒီးတၢ်လၢအ ကဲထီၣ်အသး/တၢ်အစၢၤလၢအဘၣ်ယးဒီး COVID-19 တၢ်ဆါ.

လၢကဒီးန့ၣ်ဘၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်, လဲၤန့ၣ်ကွၢ်ဖဲ [lincoln.ne.gov/rent](http://lincoln.ne.gov/rent) န့ၣ်တက့ၢ်.

### တၢ်ဆိၣ်ထွဲမၤစၢၤလၢဟံၣ်ဖိယိဖိတဖၣ်အဂီၢ်

ပသ့ၣ်ညါလၢတနံၣ်ညါအံၤန့ၣ်တလီၤကံဒီးန့ၣ်လၢအဂၢၤသ့ၣ်တဖၣ်န့ၣ်ဘၣ်. တၢ်အဝဲအံၤမ့ၢ်တၢ်အရူဒိၣ်မးလၢ ပ ကသ့ၣ်ညါလၢအိၣ်ဒီးပုၤကူပုၤကညီလၢအမၤစၢၤပုၤသ့ ဖဲလၢနၢၤ မ့တမ့ၢ်နဟံၣ်ဖိယိဖိအကျိတဂၤဂၤဘၣ်ကွၢ် ဆါၣ်ခဲဒီးတၢ်ကီတၢ်ခဲ/တၢ်ဆိၣ်သနး. ဖဲအံၤန့ၣ်ပအိၣ်ဒီးတၢ်ဟ့ၣ်လီၤမၤစၢၤတၢ်အလီၢ်တနီၤလၢနကဆဲးကျိး တဘျီဂ့ၢ်တဘျီဂ့ၢ်လၢမ့ၢ်ဆါဒီ မ့တမ့ၢ် မ့ၢ်နၢၤဒီ, တနံၣ်ဂ့ၢ်တနံၣ်ဂ့ၢ်လၢတနံၣ်အပူၤ/တသီဂ့ၢ်တသီဂ့ၢ်သ့ဝဲ-

- CenterPointe Helpline (Lincoln): 402-475-6695; ပုၤသးစၢ် Youth ဒီး Family ဟံၣ် ဖိယိဖိအဂီၢ်တၢ်ဟ့ၣ်လီၤမၤစၢၤ လီၤတဲစိနီၣ်ဂံၢ် 402-475-5161 ext. 547; email လီပရၢ

youthandfamily@centerpointe.org; လဲထံလိာ်သးလၢနီၢ်ကစၢ်လၢတၢ်မၤစၢၤအဂီၢ် လဲၤဖဲ  
1000 S. 13th Street.

- Bryan Health: bryanhealth.com - search Counseling
- Nebraska Family နံၣ်တြၢၤစကၢ်ဟံၣ်ဖိယိဖိ Helpline: 1-888-866-8660
- National Suicide Prevention Lifeline: 1-800-273-8255
- [Your Life Your Voice](#) (Boys Town) 1-800-448-3000 မ့တမ့ၢ် ဒိလိာ်/ကွဲးလိာ်လံာ် တၢ်က လုာ်  
VOICE ဆူ 20121 (တၢ်ကဟံးန့ၢ်အပူၤ text charges from your phone carrier may apply)
- လုၤခၢၣ်ပၤကီၢ်ဝဲၤကျိၤ Lincoln Police Department: ဂ့ၢ်ဂီၢ်အူအဂီၢ်ကိး 911; မ့တမ့ၢ်ဂ့ၢ်ဂီၢ်အူကိး  
402-441-6000
- MyLink အံၤမ့ၢ်ဝဲပုၤယဲၤသန့ (<https://mylnk.app>) ဒီးလိာ်ဝဲစိလၢပုၤစိာ်လၢစု mobile app (လၢ  
Apple ဒီး Android - search ယု MyLink) လၢအအိၣ်ဒီးတၢ်ဂ့ၢ်တၢ်ကျိၤလၢအဘၣ်ယးဒီးပုၤ  
တဝါတၢ်ဟ့ၣ်လိာ်တၢ်မၤစၢၤတဖၣ်. တၢ်အဝဲအံၤန့ၣ် downloaded ဒီးလိာ်လိာ်အီၤသ့လၢ အအိၣ်ဒီးအ့  
ထၢၣ်နဲး wi-fi environment ဒီးန့ၣ်တၢ်အဝဲအံၤသ့ဝဲဒၣ်ဖဲလၢ wi-fi မ့တမ့ၢ်အဆၢကတီၢ်သ့ဝဲ  
န့ၣ်လိာ်. ဘၣ်ဆၣ်ဖဲန့ၣ် downloaded ဒီးလိာ်အဆၢကတီၢ်ကဘၣ်အိၣ်ဒီးအ့ထၢၣ်နဲး wi-fi န့ၣ်လိာ်.  
ဘၣ်တၢ်ဟ့ၣ်လိာ်ပုၤကတိၤကျိးထံတၢ်တဖၣ်လၢ Arabic, Somali, Spanish, ဒီး Vietnamese.
- Mental Health ဘၣ်ယးဒီးသးအတၢ်ဆိကမိၣ် တၢ်အိၣ်ဆူၣ်အိၣ်ချ့ 101 ဘၣ်တၢ်ဒိယာ်တၢ်ဂီၤမူတၢ်  
ဂ့ၢ်တၢ်ကျိၤခိဖျိလၢ Blue Valley Behavioral Health - န့ၣ်လိာ်ကွၢ်တၢ်ဂီၤမူ/တၢ်ဂ့ၢ်တၢ်ကျိၤသ့ဝဲဒၣ်  
ဖဲအံၤ [clicking this link](#).

အိၣ်ဒီးတၢ်ဂ့ၢ်တၢ်ကျိၤလၢအဂ့ၢ်ဒိၣ်မးလၢအ့ထၢၣ်နဲး online အိၣ်လဲအပူၤန့ၣ်လိာ်. ဒ်နယုထံၣ်န့ၢ်တၢ်ဂ့ၢ်ခိၣ်တီတ  
ဖၣ်လၢနအဲၣ်ဒီးဖး/ နသးစဲအီၤသ့ဝဲတဖၣ်, သ့ၣ်နီၣ်ထီၣ်ဒီးကွၢ်ထံဆိကမိၣ်တၢ်ဂ့ၢ် ဒီးမၤလိာ်တၢ်လၢနဒီးန့ၢ်တၢ်ဂ့ၢ်  
တၢ်ကျိၤလၢအလိာ်တၢ်လိာ်ဆဲး ဒီးနန့ၢ်န့ၢ်တၢ်ဂ့ၢ်တၢ်ကျိၤသ့/ကဲဘျးကဲဖျိၣ်လၢနဂီၢ်န့ၣ်တက့ၢ်.

### တၢ်ကူၣ်ဘၣ်ကူၣ်သ့လိာ်ဆီ

နမ့ၢ်တထီၣ်ဒိကန့ၣ်ဘၣ် တၢ်ကူၣ်ဘၣ်ကူၣ်သ့လိာ်ဆီ မိၢ်ပၢ် တၢ်ဘျးစဲမၤယုာ်မၤသကိးတၢ် လၢအပူၤကွၢ်မ့ၢ်လွံၢ်နံၤ  
ဘၣ်န့ၣ်, နကွၢ်ဝဲဒၣ်တၢ်ဖိၣ်ယာ်တၢ်ဂ့ၢ်တၢ်ကျိၤ လၢတၢ်ထံၣ်လိာ်အိၣ်ဖျိၣ်သကိးဒိတဆၢကတီၢ် ဖဲအံၤသ့ဝဲဒၣ်န့ၣ်  
လိာ်. စံၢ်လိာ်ဖဲအဲကလံးကျိၢ်အဖီခိၣ် [here](#).န့ၣ်တက့ၢ်.

နမ့ၢ်အိၣ်ဒီးတၢ်သံကွၢ်တဖၣ်လၢအဘၣ်ယးဒီးတၢ်ကီၢ်ခါတၢ်မၤလိာ်ကွၢ် တၢ်ယုထၢတဖၣ်လၢနဖိအဂီၢ်န့ၣ်, ဆဲးကျိး  
ဘၣ်ဒီးနဖိအကွၢ် ဒီးကွၢ်ပုၤပၤဆုာ်တၢ် ပုၤဘၣ်မူဘၣ်ဒါလၢတၢ်ကူၣ်ဘၣ်ကူၣ်သ့လိာ်ဆီ ကမၤစၢၤန့ၣ်လိာ်.

တီထီကို ကသံဉ်ဒီသဒါ တါဆဲးကသံဉ်လီတဖၣ် လၢပုၤၤဖဲနံၣ် ဒီးအါန့ၢ်တဆံယုနံၣ်တဖၣ် ဒီး အဲသ့ၣ်အမိၢ်အပါ/ပုၤကွၢ်ထွဲတါတဖၣ်

လုၤခါၣ် -လဲနဲးစတၢ် ကီၢ်ရၢၣ်ဟီၣ်ကဝီၤ တါအိၣ်ဆူၣ်အိၣ်ချ့ဝဲၤကျိၤ The Lincoln-Lancaster County Health Department (LLCHD) ကတူၢ်လိာ်တါဆဲးကသံဉ်ဒီသဒါတါလီၤသ့ၣ်တဖၣ်လၢတီထီကိုတဖၣ်အပူၤ လၢတါဟ့ၣ်လီၤ/တါဆဲးဝဲဒၣ် Pfizer COVID-19 ကသံဉ်ဒီသဒါလၢကွဲဖိတဖၣ်လၢအသးနံၣ်အိၣ် ၁၆နံၣ် တုၤ လၢၤနံၣ်ဒီးအဲသ့ၣ်အဟံၣ်ဖိဖိဒီးပုၤကွၢ်ထွဲတါတဖၣ်အဂီၢ်န့ၣ်လီၤ. တါဆဲးကသံဉ်အလီၤတဖၣ်တါဆိကမိၣ် ကစးထီၣ်လၢခဲကၢၢ်တနွံအတၢ်န့ၣ်လီၤ. မုၢ်နံၣ်မုၢ်သီတဖၣ်ဒီးတါလီၤတါကျဲတဖၣ်ကဘၣ်တါဘိးဘၣ်ဒုးသ့ၣ်ညါ အီၤလၢအဆိအချ့န့ၣ်လီၤ.

ဟံၣ်ဖိဖိတဖၣ်, ဝံသးစူၤခွဲးကွၢ်/သမံသမိးကွၢ်နလီပရၢ email လၢနဖိအကွဲ-လီၤလီၤဆိဆိလၢတါဆဲးလီၤ မံၤအတၢ်ဘျးစဲ link န့ၣ်တက့ၢ်. ဟံၣ်ဖိဖိတဖၣ်ဘၣ်တါမၤ/တါယုကညးအဲသ့ၣ်လၢကဆဲးလီၤအမံၤဖဲ မုၢ်ခံ နံၣ်/မုၢ်ယုၣ်နံၣ်, လၢအုၣ်ဖြၣ် ၂၀သီအနံၣ်န့ၣ်လီၤ.

တါဆဲးလီၤမံၤဝံၤအလီၢ်ခံ, ဒီးတဘျီယီန့ၣ်တါဆဲးကသံဉ်အလီၤတါဆါကတီၢ်ကဘၣ်တါကျဲလီၤအီၤ, ဟံၣ်ဖိဖိ ဖိတဖၣ်ကဒီးန့ၣ်ဘၣ်ဝဲဒၣ်လီပရၢတဘျီ တါကဒုးသ့ၣ်ညါအဲသ့ၣ်လၢကဘၣ်မၤထီၣ်တါသ့ၣ်ဆါဖးကတီၢ်န့ၣ် လီၤ. ဟံၣ်ဖိဖိတဖၣ်လၢအိၣ်ဒီးတါကီတါခဲလၢတါဆဲးလီၤမံၤ မ့တမ့ၢ်တါကီတါခဲလၢကမၤထီၣ်တါသ့ၣ်ဆါ ဖးကတီၢ်အဂီၢ်န့ၣ်ဆဲးကျိးဒီး LLCHD သ့ဖဲလီတဲစီနီၣ်ဂံၢ် 402-441-4200 စးထီၣ်လၢဂီၤခီ ဝဲဒၣ်န့ၣ်ရံၣ်တုၤ လၢဟါခီ ၄:၃၀န့ၣ်ရံၣ်, မုၢ်တနံၣ်တုၤမုၢ်ယဲၢ်နံၣ်, မ့တမ့ၢ်ဆုၤလီပရၢဖဲ health@lincoln.ne.gov သ့ဝဲန့ၣ်လီၤ.

တါဆါဟံၣ် clinic တဖၣ် ကဟ့ၣ်လီၤဝဲဒၣ် Pfizer ကသံဉ်ဒီသဒါ, တါလိာ်ဘၣ်ဝဲဒၣ်လၢတါကဘၣ်ဆဲးအီၤ ခံ ဖျၢၣ်. ကသံဉ်ခံဖျၢၣ်တဖျၢၣ်န့ၣ် ကဘၣ်တါရဲၣ်လီၤကျဲလီၤပာ်တါဆါကတီၢ် လၢတါဆဲးကသံဉ်တါတဖျၢၣ် ဝံၤ သၢနွံအလီၢ်ခံန့ၣ်လီၤ. (အခီပညီနဆဲးကသံဉ်ဒီသဒါ အဆိကတၢ်တဖျၢၣ်သၢနွံဝံၤအလီၢ်ခံဒီးနကဘၣ်ဆဲးက သံဉ်ခံဖျၢၣ်တဖျၢၣ်န့ၣ်လီၤ). တါအိၣ်ဆူၣ်အိၣ်ချ့ဝဲၤကျိၤကရဲၣ်ကျဲတါဟ့ၣ်ကသံဉ်ဒါး/တါဆဲးကသံဉ်အလီၤ လၢအဘၣ်တါမၤစၢၤအီၤလၢ ပုၤတဝါတါအိၣ်ဆူၣ်အိၣ်ချ့ပုၤမၤသကိးတါတဖၣ်န့ၣ်လီၤ.

ဟံၣ်ဖိဖိတဖၣ်လၢမုၢ်ဆဲးလီၤတုၤလံအမံၤလၢအပူၤကွၢ်လၢ clinics တါဆါဟံၣ်/တါဆဲးကသံဉ်လီၤလၢ LLCHD ပုၤယဲၤကဘျးပၤအပူၤ ဒီးအဲၣ်ဒီးလဲၤဆဲးဝဲဒၣ်လၢကွဲ clinics တါဆဲးကသံဉ်အလီၤတဖၣ် ကဘၣ်ကိး လီတဲစီလၢ LLCHD ဖဲလီတဲစီနီၣ်ဂံၢ် 402-441-4200 စးထီၣ်လၢ ဂီၤဝဲဒၣ်န့ၣ်ရံၣ် - ဟါခီ ၄:၃၀န့ၣ်ရံၣ်အဘၣ် စၢၤ, မုၢ်တနံၣ်/မုၢ်ဆၣ်- မုၢ်ယဲၢ်နံၣ်/မုၢ်ဖိဖိလၢတါမၤစၢၤအဂီၢ်န့ၣ်တက့ၢ်. ဟံၣ်ဖိဖိတဖၣ်ယုထီၣ်လၢနလိာ် ဘၣ်လၢ “ change my group to my school so I can schedule an appointment ဆိတလဲန့ၢ်ယကရူၢ်လၢယက စါအကွဲ လၢတါန့ၣ်အယိယကရဲၣ်လီၤကျဲပာ်တါဆါကတီၢ်တခါလၢတါထံၣ်လိာ်သးကသ့ဝဲဒၣ်အဂီၢ်န့ၣ်လီၤ.



ဟံၣ်ဖိယိဖိကဘၣ်မၤပုၤထီၣ်စ့ၢ်ကိးတၢ်ဟ့ၣ်အခွဲးလံာ်အဒိတဖၣ်လၢကဘၣ်တၢ်ဆုၤလီၤအီၤလၢကိၣ်သ့ၣ်တဖၣ်န့ၣ်လီၤ.

လၢကဒီးန့ၣ်ဘၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်လၢအဘၣ်ဃးဒီး COVID-19 ကသံၣ်ဒိသဒါ, လဲၤန့ၣ်ကွၢ်ဖဲ [COVID19.lincoln.ne.gov](https://COVID19.lincoln.ne.gov), ကိးတၢ်အိၣ်ဆူၣ်အိၣ်ချ့ၤကျိၤ Health Department ဂ့ၢ်ဂီၢ်အူလိတဲစိနီၣ်ဂံၢ်ဖဲ 402-441-8006 မ့တမ့ၢ်လဲၤန့ၣ်လီၤကွၢ် [CDC.gov/coronavirus](https://CDC.gov/coronavirus). သ့ၣ်န့ၣ်လီၤ.

တၢ်ကိၢ်ခါ တၢ်မၤလိအလီၢ်တဖၣ် ဒီးတၢ်မၤလိမၤဒီးတၢ်ခွဲးတၢ်ယၢ်တဖၣ်

**တၢ်လိာ်ကွဲးတဖၣ်**

တၢ်ကိၢ်ခါတၢ်လိာ်ကွဲးအလီၢ်တဖၣ်ဘၣ်တၢ်ဟ့ၣ်လီၤအီၤ/တၢ်မၤအီၤလၢ လုၤခါပဒိၣ်ကိၣ် တီၤထီၣ်ကိၣ် ၆ ဖျါၣ်လၢာ်အပူၤ ဒီးဘၣ်တၢ်ပၤဆုၤမၤအီၤလၢ တၢ်လိာ်ကွဲးတဖၣ်စ့ၢ်စ့ၢ်အသရၣ်ကွၢ်ထွဲတၢ်တဖၣ်ဖဲလၢအဝဲသ့ၣ်အနီၢ်ကစၢ်တဖၣ်စ့ၢ်စ့ၢ်အတၢ်လိာ်သ့ၣ်တဖၣ်န့ၣ်လီၤ. တၢ်လိာ်ကွဲးအလီၢ်တဖၣ်ဟ့ၣ်လီၤမၤစၢၤတၢ်လိာ်ကွဲးတဘျုးမၤတဘျုးကလုာ်ဒီးဘၣ်တၢ်မၤန့ၣ်အီၤသ့/အိၣ်ဝဲဒၣ်လၢကိၣ်ဖိတဖၣ်လၢအကထီၣ် ၃တီၤ တုၤလၢ ၁၂တီၤလၢ ၂၀၂၁-၂၀၂၂ ကိၣ်တၢ်မၤလိန့ၣ်န့ၣ်လီၤ. စံၢ်လီၤဖဲအံၤလၢက ဒီးန့ၣ်ဘၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်န့ၣ်တက့ၢ်. [Click here for more information.](#)

**တၢ်ကိၢ်ခါ စဲးဖိကဟၣ် တၢ်ရဲၣ်တၢ်ကျဲၤ**

လုၤခါပဒိၣ်ကိၣ် တၢ်ကိၢ်ခါ စဲးဖိကဟၣ် တၢ်ရဲၣ်တၢ်ကျဲၤအံၤန့ၣ် ဟ့ၣ်လီၤဝဲဒၣ်ကိၣ်ဖိသ့ၣ်တဖၣ်လၢ အကထီၣ် ၄ တီၤ တုၤလၢ ၉တီၤဖဲလၢ fall ၂၀၂၁ အဆၢကတီၢ်န့ၣ်လီၤ. တၢ်ပညိၣ်ဖိတၢ်လၢတၢ်ရဲၣ်တၢ်ကျဲၤအဝဲအံၤန့ၣ်မ့ၢ်ဝဲတၢ်ဟ့ၣ်လီၤမၤစၢၤတီၤဖျါၣ်ကိၣ်လၢအမၤလိအတီၤထီၣ်ကတၢ် ဒီးတီၤခါသးကိၣ်အပတီၢ် ကိၣ်ဖိတဖၣ်ကအိၣ်ဒီးတၢ်သ့ၣ်ဖဲသးညီတခါ, တၢ်သ့ၣ်ပိၢ်သးဝး, ဒီးတၢ်သးစဲးအတၢ်ခွဲးတၢ်ယၢ်လၢကယုထံၣ်သ့ၣ်ညါအဝဲသ့ၣ်အတၢ်သးစဲးလၢခိၣ်ဖျါထၢတဖၣ်ဒီးစဲးဖိကဟၣ်န့ၣ်လီၤ. စံၢ်လီၤဖဲအံၤလၢကဒီးန့ၣ်ဘၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်န့ၣ်တက့ၢ်. [Click here for more information.](#)

LPS Families,

Please read this week’s update for important information and updates.

Here is an index to assist you:

- Student calendar April 19 - 30
  - Deadline to switch between remote learning and in-person
  - Changes to Remote Learner Meal Distribution
  - Annual perception survey
  - Project Extra Mile Walk - VIRTUAL
  - 2021-22 Kindergarten Registration now open
  - 2021-22 Preschool Application now open
  - City of Lincoln rent and utility assistance
  - Support for families
  - Special Education
  - High school vaccine clinics for 16+ and their parents/guardians
  - Summer Camps and Learning Opportunities
- 

## Student calendar April 19 - 30

In October, the Board of Education adopted changes to the school calendar. You can find the full revised [student calendar here](#). Below is the student calendar for the next two weeks:

### **Monday, April 19**

- Classes in session for all students.
- Remote Learner Meal Distribution ([Click here for more information](#))

### **Tuesday, April 20**

- Classes in session for all students

### **Wednesday, April 21**

- Classes in session for all students
- High school: Early dismissal

### **Thursday, April 22**

- Classes in session for all students

### **Friday, April 23**

- Classes in session for all students.

### **Monday, April 26**

- Classes in session for all students.
- Remote Learner Meal Distribution ([Click here for more information](#))

### **Tuesday, April 27**

- Classes in session for K-12 students
- Preschool: no classes
- K-8 (elementary and middle school): early dismissal

### **Wednesday, April 28**

- Classes in session for all students
- High school: Early dismissal

### **Thursday, April 29**

- Classes in session for all students

### **Friday, April 30**

- Classes in session for all students

## **Deadline to switch between remote learning and in-person**

May 7 will be the last day families can request for students to switch between remote learning or in-person learning for this school year. The only exception will be for students who have been directed to self-quarantine due to exposure to COVID-19.

If you wish for your child to return to in-person learning for the last two weeks of school, you will need to communicate the change with your school's office by May 7.

## **Changes to Remote Learner Meal Distribution**

**Starting Monday, April 19, students who are participating in remote learning full time can pick up meals at North Star (door 10 on the west side of the building) or Lincoln High (door 3 near Capitol Parkway) from 5:30 p.m. – 6:30 p.m.**

Just a reminder:

- The meal distribution is only for students who are learning 100% remotely. Students attending in person for any portion of their learning are not permitted to purchase meals at these sites.
- Families can choose either site and students are not required to be present. The person picking up the meals must have the student ID number(s).

- Due to the pandemic, the USDA is federally funding breakfast and lunch for all students while the federal funding lasts. All LPS students in preschool – 12 grade and the Independence Academy will be offered breakfast and lunch at no charge. LPS will communicate when the program is coming to an end for families to plan around breakfast and lunch purchases.
- Families must park and enter the building as described on the maps.
- Face coverings are required.
- Safety protocols will be in place such as physically distancing cones to space out the line.

[Visit our website for more information.](#)

## Annual perception survey

LPS staff, students and families will have an opportunity to complete the yearly survey about their experience at their school between April 19-30. This survey will include items about curriculum, instruction, assessment, school culture and climate, student and staff relationships, and student engagement. This will provide feedback to school staff to help improve teaching, learning, and the school environment.

Respondents at the secondary level will also be asked a few questions about their perception of the School Resource Officers that serve their school. The results of this section will be used in the evaluation of the School Resource Officer program which is a requirement of the Safe and Successful Kids Interlocal Agreement.

Staff and families will receive an email from [lps-esu18@qualtrics-survey.com](mailto:lps-esu18@qualtrics-survey.com) with a personalized link to respond. Schools will give students the opportunity to respond during the school day. The results of this survey will be compiled and used in the School Improvement Process and many grant evaluations that Lincoln Public Schools implements.

## Project Extra Mile Walk - VIRTUAL

The Extra Mile Walk is a collaboration between LPS and the Food Bank of Lincoln to raise money for LPS's BackPack program and Food Markets. This year, the walk will be completely virtual during April 26-30.

[You can donate online and learn more about the virtual event on the Extra Mile Walk website.](#)

## 2021-22 Kindergarten Registration now open

Parents of children turning five years of age before July 31, 2021 can go to [lps.org](https://lps.org) and click on the red "Enroll Your Student" button. [Here you will also find all the information necessary for registering](#), the required documents needed and answers to frequently asked questions.

Parents who do not have access to the online registration, or wish to register their child in person, should contact their attendance area elementary school as soon as possible. Questions about kindergarten registration should also be directed to the child's attendance area school.

## 2021-22 Preschool Application now open

Our preschool program is located in many of the elementary schools across the district. Children who are at least 3 years of age on or before July 31, 2021 and who have not yet turned five as of July 31, 2021, are eligible to apply.

At this time we are accepting 2021-2022 preschool applications and necessary documentation online, by email, fax or mail. You may also complete and submit an application and required documents by visiting our office, located at 300 S. 48th Street (enter door #2). Our office hours are Monday through Friday from 8:00 a.m. to 4:30 p.m.

For more information and to download the application, please visit our website:

<https://home.lps.org/earlychildhood/preschool-application/>

## City of Lincoln rent and utility assistance

If the pandemic has prevented you from paying for housing and utilities, financial assistance from the City of Lincoln may be available to you. Money to pay for gas, electricity and water bills, and rent payments is available now to those who qualify. These funds do not have to be repaid. To qualify, you must meet income guidelines, and need must be a result of COVID-19.

For more information, go to [lincoln.ne.gov/rent](https://lincoln.ne.gov/rent).

## Support for families

We know this year has been unlike any other. It is important to know that there are people who can help if you or a family member is struggling. Here are some resources you can contact any time of the day or night, any day of the year:

- CenterPointe Helpline (Lincoln): 402-475-6695; Youth and Family Services 402-475-5161 ext. 547; email: [youthandfamily@centerpointe.org](mailto:youthandfamily@centerpointe.org); walk-in services at 1000 S. 13th Street.
- Bryan Health: [bryanhealth.com](http://bryanhealth.com) - search Counseling
- Nebraska Family Helpline: 1-888-866-8660
- National Suicide Prevention Lifeline: 1-800-273-8255
- [Your Life Your Voice](#) (Boys Town) 1-800-448-3000 or text VOICE to 20121 (text charges from your phone carrier may apply)
- Lincoln Police Department: Emergency: 911; Non-Emergency: 402-441-6000
- MyLink is a website (<https://mylnk.app>) and a mobile app (for Apple and Android - search MyLink) that has information about community resources. It can be downloaded in a wi-fi environment and then used when wi-fi is not available. Translations are provided in Arabic, Somali, Spanish, and Vietnamese.
- Mental Health 101 recordings from Blue Valley Behavioral Health - accessible by [clicking this link](#).

There is a great deal of information online. As you search for topics of interest, remember to consider the source and make sure you are getting information that is accurate and reliable.

## Special Education

If you were unable to attend Special Education Parent Networking last Thursday, you can watch a recording of the full meeting [here](#).

If you have questions about summer school options for your child, contact your child's school and the administrator in charge of special education will assist you.

## High school vaccine clinics for 16+ and their parents/guardians

The Lincoln-Lancaster County Health Department (LLCHD) will host vaccination clinics at high schools to provide the Pfizer COVID-19 vaccine to students ages 16 through 18 and their families and guardians. Clinics are expected to begin later next week. Dates and locations will be announced as soon as possible.

Families, please check your email for your school-specific registration link. Families are asked to register by Tuesday, April 20.

After registering, and once the clinic times have been set, families will receive an email notifying them to make an appointment. Families that have difficulty registering or making appointments can contact LLCHD at 402-441-4200 from 8 a.m. to 4:30 p.m., Monday through Friday, or [health@lincoln.ne.gov](mailto:health@lincoln.ne.gov).

The clinics will offer the Pfizer vaccine, which requires two doses. The second dose will be scheduled three weeks after the first. The Health Department will operate the clinics at schools with the assistance of community health partners.

Families who have previously registered for clinics on the LLCHD website and want to attend the school clinics must call LLCHD at 402-441-4200 between 8 a.m. and 4:30 p.m., Monday through Friday for assistance. Families are asked to make a request to “change my group to my school so I can schedule an appointment”.

Families must also complete permission forms that will be sent from schools.

For more information on COVID-19 vaccine, visit [COVID19.lincoln.ne.gov](https://COVID19.lincoln.ne.gov), call the Health Department hotline at 402-441-8006 or visit [CDC.gov/coronavirus](https://CDC.gov/coronavirus).

## Summer Camps and Learning Opportunities

### **Athletics**

Summer Athletic Clinics are offered through all 6 LPS High Schools and are conducted by the individual sport coaches at their respective locations. Clinics are offered in various sports and are available for students entering grades 3-12 for the 2021-2022 school year. [Click here for more information.](#)

### **Summer Technology Program**

The Lincoln Public Schools Summer Technology Program is provided for students entering grades 4 through 9 in the fall of 2021. The goal of the program is to provide upper elementary and middle level students a fun, exciting, and challenging opportunity to explore their interest in computers and technology. [Click here for more information.](#)