

## Sensory Strategies Rubric

Not Considered	General Strategies	Occupational Therapist Participation & Assessment	Targeted Sensory Strategies	Successful Strategy Implementation and/or Independence with Modulation
<p>Sensory modulation strategies have not been considered or utilized for this student.</p>	<p>General calming and/or sensory strategies are used occasionally with the student to increase focus and attention and to help the student maintain a calm state for learning. This may include additional movement breaks/opportunities, dynamic seating strategies (rocker-base chairs, ball chairs, move and sit cushions, standing at desk, etc.), fidgets, completing classwork in an area with minimal distractions/noise, etc.</p> <p>If these general strategies are effective, further assessment may not be necessary.</p>	<p>Occupational Therapy consultation and/or assessment has been requested and completed. Results will identify specific sensory strengths/needs in addition to therapist recommendations.</p>	<p>Sensory strategies specific to the identified needs. These may include some general sensory strategies as well as others such as noise canceling headphones, use of weighted items such as a weighted vest, movement involving rotational swings, staff/student training on self-regulation programs if appropriate, and/or other specific programming.</p>	<p>*The sensory strategies in place are effective. Adult support may be needed to carry through with these strategies as determined by the cognitive ability of the student.</p> <p>*If appropriate, use of self-regulation programs such as The Alert Program or Zones of Regulation are being utilized with success by the student with minimal to no adult support.</p>