

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**Girls 100 Meter Dash**

HAC: M 12.10 2000		Michelle Railsback, Lincoln Sout	
Name	Year School	Prelims	H#
<b>Preliminaries</b>			
1 Campos, Kate	Pius X	12.70q	2
2 Cooper, Ella	Fremont	12.90q	2
2 Gleason, Tania	Fremont	12.90q	1
2 Patterson, Jamiah	Lincoln High School	12.90q	4
5 Gifford, Karis	Lincoln Southeast	13.00q	3
5 Korecky, Taylor	Lincoln Southwest	13.00q	4
7 Chambers, Kayla	Norfolk	13.10q	4
8 Huynh, Tracy	Lincoln Southwest	13.20q	2
9 Biven, Kenzie	Lincoln North Star	13.30q	4
10 Meyer, Hannah	Fremont	13.40q	1
10 Kollmar, Kaia	Norfolk	13.40q	1
10 Duensing, Jenna	Lincoln East	13.40q	1
10 Raszick, Claire	Lincoln High School	13.40q	2
10 Gabel, Josie	Pius X	13.40q	3
15 Jensen, Breck	Lincoln Southeast	13.50q	4
15 Wood, Taylor	Lincoln Southwest	13.50q	3
17 Osman, Ruaa	Lincoln North Star	13.60	2
17 Stickler, Emmalee	Norfolk	13.60	3
19 Focke, Abigail	Kearney	13.70	4
19 Dahlke, Hannah	Columbus	13.70	4
19 Baxter, Mo	Lincoln Southeast	13.70	2
19 Kutschkau, Briannah	Grand Island	13.70	1
23 De La Rosa, Jocelyn	Columbus	13.80	1
23 Boyd, Reese	Lincoln East	13.80	2
25 Gonzalez, Danae	Grand Island	13.90	3
25 Soucie, Kendall	Kearney	13.90	1
27 Dowd, Chante	Northeast	14.00	3
27 Dutenhoffer, Kiara	Kearney	14.00	2
29 Fox, Samantha	Lincoln North Star	14.20	4
30 Baumbach, Camille	Northeast	14.70	3
-- Williams, Serenity	Lincoln High School	FS	3

**Girls 100 Meter Dash**

HAC: M 12.10 2000		Michelle Railsback, Lincoln Southeast		
Name	Year School	Finals	H#	Points
<b>Finals</b>				
1 Campos, Kate	Pius X	12.33	2	10
2 Gleason, Tania	Fremont	12.35	2	8
3 Patterson, Jamiah	Lincoln High School	12.75	2	6
4 Korecky, Taylor	Lincoln Southwest	12.81	2	5
5 Cooper, Ella	Fremont	12.84	2	4
6 Gifford, Karis	Lincoln Southeast	12.91	2	3
7 Biven, Kenzie	Lincoln North Star	13.12	1	2
8 Raszick, Claire	Lincoln High School	13.19	1	1
9 Chambers, Kayla	Norfolk	13.25	2	
10 Huynh, Tracy	Lincoln Southwest	13.30	2	
11 Meyer, Hannah	Fremont	13.36	1	
12 Wood, Taylor	Lincoln Southwest	13.39	1	
13 Gabel, Josie	Pius X	13.48	1	

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**....Girls 100 Meter Dash**

14 Kollmar, Kaia	Norfolk	13.50	1
15 Duensing, Jenna	Lincoln East	13.53	1
16 Jensen, Breck	Lincoln Southeast	13.76	1

**Girls 200 Meter Dash**

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HAC: M 25.10	1987	Linda Gdowski, Fremont	
Name	Year School	Prelims	H#

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Preliminaries

1 Dilsaver, Kate	Lincoln Southwest	25.60Q	1
2 Gleason, Tania	Fremont	26.50Q	2
3 Glause, Sydney	Fremont	27.00Q	3
3 Funnah, Zainab	Lincoln High School	27.00Q	3
5 Olson, Joselyn	Columbus	26.10q	1
6 Wood, Taylor	Lincoln Southwest	26.60q	1
7 Raszick, Claire	Lincoln High School	27.10q	1
8 Jensen, Breck	Lincoln Southeast	27.60q	1
9 Gifford, Karis	Lincoln Southeast	27.80	2
9 Focke, Abigail	Kearney	27.80	1
11 Webster, Madison	Grand Island	27.90	3
12 Korecky, Taylor	Lincoln Southwest	28.10	2
13 White, Emma	Lincoln East	28.30	3
14 Dutenhoffer, Kiara	Kearney	28.40	1
15 Williams, Serenity	Lincoln High School	28.50	2
15 Dahlke, Hannah	Columbus	28.50	3
17 Batenhorst, Elena	Columbus	28.70	2
18 White, Anna	Lincoln East	29.30	2
18 Soucie, Kendall	Kearney	29.30	3
20 Goodwater, MacKenzie	Pius X	29.60	2
21 Peek, Madison	Grand Island	30.20	1
22 Heser, Ally	Pius X	30.70	3

**Girls 200 Meter Dash**

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HAC: M 25.10	1987	Linda Gdowski, Fremont	
Name	Year School	Finals	Points

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Finals

1 Dilsaver, Kate	Lincoln Southwest	25.46	10
2 Gleason, Tania	Fremont	26.02	8
3 Glause, Sydney	Fremont	26.57	6
4 Funnah, Zainab	Lincoln High School	26.70	5
5 Olson, Joselyn	Columbus	26.91	4
6 Wood, Taylor	Lincoln Southwest	27.70	3
7 Raszick, Claire	Lincoln High School	28.35	2
8 Jensen, Breck	Lincoln Southeast	29.10	1

**Girls 400 Meter Dash**

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HAC: M 57.30	2007	Katie Birkel, Lincoln Southeast	
Name	Year School	Finals	H# Points

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1 Dilsaver, Kate	Lincoln Southwest	57.12M	4	10
2 Dillon, Lucy	Fremont	58.45	4	8

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Girls 400 Meter Dash**

3 McCabe, Taylor	Fremont	1:00.07	4	6
4 Tuls, Trinity	Columbus	1:00.19	4	5
5 Hohl, Lauren	Lincoln Southwest	1:01.23	4	4
6 Sheppard, Emmalee	Fremont	1:01.54	4	3
7 Dalton, Vivian	Pius X	1:03.45	3	2
8 Johnson, Addison	Columbus	1:03.47	3	1
9 Shaw, Kaci	Lincoln East	1:04.46	3	
10 Whalen, Macie	Kearney	1:05.86	3	
11 Laessig, Ella	Lincoln East	1:05.90	2	
12 Hraban, Ashtyn	Pius X	1:06.39	3	
13 Anderson, Noelani	Lincoln High School	1:06.86	2	
14 Weber, Eve	Lincoln East	1:06.89	3	
15 Privett, Peyton	Norfolk	1:06.90	2	
16 Gokie, Claire	Pius X	1:07.21	2	
17 Whalen, Shannon	Kearney	1:07.84	2	
18 Welch, Lauren	Kearney	1:08.17	2	
19 Ward, Elli	Grand Island	1:10.17	1	
20 Chavez, Lily	Grand Island	1:17.55	1	
21 Peek, Madison	Grand Island	1:18.26	1	

**Girls 800 Meter Run**

=====						
HAC: M 2:17.60 2002 Lisa Baumert, Fremont						
Name	Year	School	Finals	H#	Points	
=====						
1 Rinn, Brianna		Lincoln Southwest	2:17.16M	2	10	
1:05.930 (1:05.930)	2:17.160 (1:11.230)					
2 Dillon, Lucy		Fremont	2:20.36	2	8	
1:08.056 (1:08.056)	2:20.360 (1:12.305)					
3 Bracker, Shelby		Fremont	2:22.88	2	6	
1:08.742 (1:08.742)	2:22.878 (1:14.136)					
4 Dahl, Elli		Fremont	2:23.04	2	5	
1:08.418 (1:08.418)	2:23.035 (1:14.617)					
5 Blehm, Lauren		Lincoln Southwest	2:23.34	2	4	
1:09.032 (1:09.032)	2:23.337 (1:14.305)					
6 Schutz, Berlyn		Lincoln East	2:23.72	2	3	
1:09.135 (1:09.135)	2:23.712 (1:14.577)					
7 Johnson, Addison		Columbus	2:25.43	2	2	
1:08.367 (1:08.367)	2:25.422 (1:17.055)					
8 Schwartz, Lily		Lincoln Southwest	2:28.17	2	1	
1:09.670 (1:09.670)	2:28.165 (1:18.495)					
9 Prichard, Natalie		Pius X	2:29.37	2		
1:11.464 (1:11.464)	2:29.368 (1:17.904)					
10 Svehla, Peyton		Lincoln East	2:29.60	2		
1:11.228 (1:11.228)	2:29.598 (1:18.371)					
11 Van Eck, Faith		Lincoln High School	2:32.39	2		
1:11.749 (1:11.749)	2:32.388 (1:20.639)					
12 Muma, Kylie		Lincoln East	2:33.05	2		
1:11.651 (1:11.651)	2:33.046 (1:21.395)					
13 Protzman, Esther		Norfolk	2:34.65	1		
1:17.028 (1:17.028)	2:34.644 (1:17.617)					
14 Meier, Molly		Norfolk	2:35.46	1		
1:17.114 (1:17.114)	2:35.460 (1:18.347)					
15 Doering, Brooklyn		Pius X	2:38.21	1		
1:16.895 (1:16.895)	2:38.210 (1:21.316)					

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**Grand Island High School**  
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**....Girls 800 Meter Run**

16 Brewer, Jessica	Lincoln Southeast	2:39.13	2
1:11.811 (1:11.811)	2:39.125 (1:27.314)		
17 Olson, Alyvia	Kearney	2:39.14	1
1:17.692 (1:17.692)	2:39.131 (1:21.439)		
18 Anderson, Noelani	Lincoln High School	2:40.47	1
1:17.865 (1:17.865)	2:40.462 (1:22.597)		
19 Mendez, Gemma	Norfolk	2:42.16	1
2:42.159 (2:42.159)			
20 Kohtz, Lauren	Kearney	2:43.02	2
1:12.395 (1:12.395)	2:43.020 (1:30.626)		
21 Benda, Lexi	Lincoln Southeast	2:44.26	1
2:44.253 (2:44.253)			
22 Hurtado, Madelon	Grand Island	2:44.99	1
1:18.325 (1:18.325)	2:44.982 (1:26.657)		
23 Luebbe, Maggie	Columbus	2:50.41	1
1:21.424 (1:21.424)	2:50.401 (1:28.977)		
24 Mattson, Katherine	Northeast	2:52.63	1
1:21.928 (1:21.928)	2:52.628 (1:30.700)		
25 Holys, Grace	Columbus	2:54.52	1
1:23.201 (1:23.201)	2:54.517 (1:31.317)		
26 Corman, Elyot	Grand Island	2:54.76	1
1:23.512 (1:23.512)	2:54.755 (1:31.244)		
27 Brockmeier, Darin	Kearney	2:56.96	1
1:24.175 (1:24.175)	2:56.955 (1:32.781)		
28 Ilyas, Hayam	Northeast	3:00.35	1
1:26.264 (1:26.264)	3:00.342 (1:34.079)		
-- Chapman, Molly	Pius X	DQ	2
1:11.604 (1:11.604)			

**Girls 1600 Meter Run**

=====						
HAC: M 5:05.75		2004	Joslyn Dalton, Fremont			
Name	Year	School	Finals	H#	Points	
=====						
1 Godwin, Hannah		Kearney	5:15.48	2	10	
1:15.366 (1:15.366)	2:35.309 (1:19.943)	3:57.073 (1:21.765)	5:15.474 (1:18.401)			
2 Rinn, Brianna		Lincoln Southwest	5:19.49	2	8	
1:15.856 (1:15.856)	2:37.883 (1:22.027)	4:04.059 (1:26.176)	5:19.482 (1:15.423)			
3 Muma, Jenna		Lincoln East	5:27.41	2	6	
1:15.498 (1:15.498)	2:37.595 (1:22.097)	4:05.685 (1:28.090)	5:27.401 (1:21.717)			
4 Dahl, Maris		Fremont	5:27.45	2	5	
1:15.626 (1:15.626)	2:37.671 (1:22.045)	4:04.377 (1:26.706)	5:27.447 (1:23.071)			
5 Nau, Emily		Fremont	5:28.00	2	4	
1:17.577 (1:17.577)	2:41.948 (1:24.371)	4:08.518 (1:26.570)	5:27.999 (1:19.481)			
6 Schutz, Berlyn		Lincoln East	5:28.88	2	3	
1:17.505 (1:17.505)	2:41.591 (1:24.086)	4:08.033 (1:26.442)	5:28.879 (1:20.847)			
7 Jonson, Elsa		Lincoln Southwest	5:29.18	2	2	
1:18.133 (1:18.133)	2:41.965 (1:23.832)	4:07.848 (1:25.883)	5:29.177 (1:21.329)			
8 Apel, Izzy		Lincoln East	5:31.40	2	1	
1:17.874 (1:17.874)	2:42.584 (1:24.710)	4:10.567 (1:27.983)	5:31.399 (1:20.833)			
9 Korus, Allyson		Pius X	5:34.01	2		
1:18.479 (1:18.479)	2:43.528 (1:25.049)	4:11.875 (1:28.347)	5:34.003 (1:22.128)			
10 Smid, Kerra		Lincoln Southwest	5:34.22	2		
1:18.008 (1:18.008)	2:42.308 (1:24.300)	4:09.997 (1:27.689)	5:34.215 (1:24.218)			

## Heartland Athletic Conference Championships - 5/5/2021

## Grand Island High School

## Results

## ....Girls 1600 Meter Run

11	Bracker, Shelby	Fremont	5:34.79	2
	1:15.946 (1:15.946)	2:39.261 (1:23.315)	4:08.166 (1:28.905)	5:34.784 (1:26.619)
12	Agena, Lola	Lincoln High School	5:35.19	2
	1:17.082 (1:17.082)	2:42.650 (1:25.568)	4:10.886 (1:28.237)	5:35.183 (1:24.297)
13	Bonsall, Emma	Kearney	5:39.76	2
	1:18.975 (1:18.975)	2:45.286 (1:26.311)	4:16.130 (1:30.845)	5:39.757 (1:23.627)
14	Ruda, Abby	Norfolk	5:40.05	2
	1:18.927 (1:18.927)	2:45.367 (1:26.440)	4:16.286 (1:30.919)	5:40.048 (1:23.763)
15	Bond, Emma	Kearney	5:46.90	1
	1:18.227 (1:18.227)	2:48.606 (1:30.379)	4:20.268 (1:31.663)	5:46.897 (1:26.629)
16	Mortimer, Rachel	Norfolk	5:59.44	1
	1:24.475 (1:24.475)	3:01.652 (1:37.177)	4:38.010 (1:36.359)	5:59.432 (1:21.422)
17	Godfrey, Paige	Norfolk	6:00.38	1
	1:24.531 (1:24.531)	3:01.716 (1:37.185)	4:38.145 (1:36.430)	6:00.371 (1:22.226)
18	Travis, Briana	Lincoln North Star	6:00.66	1
	1:22.382 (1:22.382)	2:56.527 (1:34.146)	4:30.440 (1:33.913)	6:00.653 (1:30.213)
19	Scdoris, Liah	Pius X	6:02.09	1
	1:21.289 (1:21.289)	2:56.171 (1:34.882)	4:32.985 (1:36.815)	6:02.085 (1:29.100)
20	Cheetsos, Teagan	Grand Island	6:02.38	1
	1:28.677 (1:28.677)	3:03.508 (1:34.832)	4:38.348 (1:34.840)	6:02.377 (1:24.030)
21	Keodaughdy, Natalee	Lincoln North Star	6:06.55	1
	1:27.880 (1:27.880)	3:04.202 (1:36.322)	4:38.904 (1:34.702)	6:06.542 (1:27.639)
22	von Scheliha, Emma	Lincoln Southeast	6:20.66	1
	1:26.227 (1:26.227)	3:02.392 (1:36.166)	4:42.700 (1:40.308)	6:20.657 (1:37.957)
23	Hackett, Nicole	Columbus	6:24.58	1
	1:28.464 (1:28.464)	3:06.604 (1:38.141)	4:49.629 (1:43.025)	6:24.573 (1:34.944)
24	Zamora, Maricella	Northeast	6:26.68	1
	1:28.967 (1:28.967)	3:05.697 (1:36.731)	4:49.216 (1:43.519)	6:26.676 (1:37.461)
25	Westfall, Carmen	Columbus	6:33.69	1
	1:28.767 (1:28.767)	3:06.958 (1:38.191)	4:49.929 (1:42.971)	6:33.689 (1:43.760)
26	Brown, Lauren	Grand Island	6:34.37	1
	1:30.613 (1:30.613)	3:13.370 (1:42.758)	5:00.422 (1:47.052)	6:34.365 (1:33.943)
27	Freshour, Alexandria	Columbus	7:02.46	1
	1:29.111 (1:29.111)	3:10.361 (1:41.250)	5:07.192 (1:56.832)	7:02.453 (1:55.261)
--	Pikop, Aubrey	Grand Island	DNF	1
	1:28.550 (1:28.550)	3:04.898 (1:36.348)		

## Girls 3200 Meter Run

=====				
	HAC: M 11:06.72	2016	Elsa Forsberg,	Lincoln Southeast
Name	Year	School	Finals	Points
=====				
1	Dahl, Elli	Fremont	11:12.86	10
	11:12.855 (11:12.855)			
2	Godwin, Hannah	Kearney	11:21.61	8
	11:21.606 (11:21.606)			
3	Wagner, Mia	Fremont	11:51.82	6
4	Coen, Abby	Lincoln Southwest	12:04.46	5
5	Bonsall, Emma	Kearney	12:07.76	4
6	Bartee, Kennedy	Lincoln High School	12:16.59	3
7	Stava, Sam	Kearney	12:27.16	2
8	Tvrdy, Kat	Pius X	12:33.19	1
9	Vacek, Daleney	Lincoln Southwest	12:38.75	
10	Deutsch, Abby	Lincoln Southwest	12:38.83	
11	Anderson, Hailey	Lincoln East	12:40.76	

**Heartland Athletic Conference Championships - 5/5/2021**  
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**....Girls 3200 Meter Run**

12 Occansey, Helena	Pius X	13:09.02
13 Protzman, Esther	Norfolk	13:42.81

**Girls 100 Meter Hurdles**

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HAC: M 14.30	2009	Joslyn Soucie, Lincoln Southwest
Name	Year School	Prelims H#

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Preliminaries

1 Rowe, Jaida	Lincoln Southwest	15.27q	2	
2 Garrett, Josie	Columbus	15.65q	4	15.644
3 Songster, Laney	Northeast	15.65q	4	15.647
4 Williams, Amaya	Norfolk	15.75q	3	
5 Vedral, Anna	Pius X	15.79q	1	
6 Zamrzla, Shayna	Kearney	16.28q	1	
7 Ventling-Brown, Annalee	Lincoln East	16.55q	2	
8 Smith, Rachel	Lincoln East	16.59q	1	
9 Jock, Nyawarga	Lincoln High School	16.61q	2	
10 Rauch-Word, Emma	Grand Island	16.63q	1	
11 Campos, Kate	Pius X	16.90q	3	
12 Symonsbergan, Karli	Lincoln Southwest	17.05q	3	
13 Gomez, Katie	Kearney	17.06q	4	
14 Laam, Linda	Lincoln High School	17.19q	4	
15 Barth, Brooke	Kearney	17.37q	3	
16 Fleming, Hannah	Lincoln Southeast	17.38q	2	17.374
17 Robinson, Emerie	Lincoln Southwest	17.38	1	17.378
18 Weber, Eve	Lincoln East	17.49	3	
19 Storovich, Kailyn	Norfolk	17.75	2	
20 Lawver, Brianne	Grand Island	18.26	2	
21 Sellin, Amanda	Norfolk	18.28	2	
22 Ramirez, Yeimi	Columbus	18.42	4	
23 Dobson, Kate	Lincoln Southeast	18.43	3	
24 McCoy, Emma	Grand Island	18.73	4	
-- Perez, Katya	Fremont	FS	1	
-- Grosse, Maddi	Fremont	DQ	1	

**Girls 100 Meter Hurdles**

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HAC: M 14.30	2009	Joslyn Soucie, Lincoln Southwest
Name	Year School	Finals H# Points

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Finals

1 Campos, Kate	Pius X	14.99	1	10	
2 Rowe, Jaida	Lincoln Southwest	15.08	2	8	
3 Garrett, Josie	Columbus	15.29	2	6	
4 Songster, Laney	Northeast	15.46	2	5	
5 Vedral, Anna	Pius X	15.59	2	4	
6 Williams, Amaya	Norfolk	15.76	2	3	
7 Jock, Nyawarga	Lincoln High School	16.08	1	2	
8 Ventling-Brown, Annalee	Lincoln East	16.22	2	1	16.214
9 Zamrzla, Shayna	Kearney	16.22	2		16.220
10 Smith, Rachel	Lincoln East	16.41	2		
11 Rauch-Word, Emma	Grand Island	16.71	1		
12 Laam, Linda	Lincoln High School	16.76	1		
13 Fleming, Hannah	Lincoln Southeast	16.79	1		

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**....Girls 100 Meter Hurdles**

14 Symonsbergan, Karli	Lincoln Southwest	16.85	1
15 Gomez, Katie	Kearney	17.26	1
16 Barth, Brooke	Kearney	18.82	1

**Girls 300 Meter Hurdles**

HAC: M 44.46 2008		KK Houser, Lincoln Southeast				
Name	Year	School	Finals	H#	Points	
1 Campos, Kate		Pius X	45.75	4	10	
2 Rowe, Jaida		Lincoln Southwest	47.89	4	8	
3 Williams, Amaya		Norfolk	49.33	4	6	
4 Ventling-Brown, Annalee		Lincoln East	50.15	4	5	
5 Vedral, Anna		Pius X	51.03	4	4	
6 Weber, Eve		Lincoln East	51.05	3	3	
7 Smith, Rachel		Lincoln East	51.09	3	2	
8 Smith, Erin		Columbus	51.14	4	1	51.134
9 Hill, Autumn		Lincoln Southwest	51.14	4		51.139
10 Zamrzla, Shayna		Kearney	51.61	2		
11 Gabel, Josie		Pius X	52.06	1		
12 Barth, Brooke		Kearney	52.13	2		52.124
13 Mihm, Haley		Kearney	52.13	3		52.126
14 Wright, Isyss		Lincoln High School	52.21	2		
15 Deans, Keneisha		Lincoln Southeast	52.43	3		
16 Morales, Jasmine		Grand Island	52.51	2		
17 Storovich, Kailyn		Norfolk	53.11	2		
18 Symonsbergan, Karli		Lincoln Southwest	53.19	3		
19 Gifford, Alix		Lincoln Southeast	53.65	3		
20 Songster, Laney		Northeast	53.81	2		
21 Zastrow, Greta		Lincoln North Star	54.05	2		
22 Ocegüera, Aliya		Columbus	54.30	1		
23 McCoy, Emma		Grand Island	54.76	2		
24 Gawrych, Mya		Grand Island	55.02	3		
25 Sellin, Amanda		Norfolk	55.15	1		
26 Dobson, Kate		Lincoln Southeast	55.20	1		
27 Perez, Katya		Fremont	59.11	1		
-- Cogdill, Liv		Lincoln North Star	DNF	1		
-- Lual, Nya		Northeast	DNF	1		

**Girls 4x100 Meter Relay**

HAC: M 49.20 2002		, Lincoln Southeast				
School		Thorne, Shubert, Norman, Bonin		Finals	H#	Points
1 Fremont 'A'				49.93	2	10
1) Cooper, Ella		2) Glause, Sydney				
3) Sheppard, Emmalee		4) Gleason, Tania				
2 Columbus 'A'				52.00	2	8
1) Garrett, Josie		2) Olson, Joselyn				
3) Dahlke, Hannah		4) Benkendorf, Kira				
3 Norfolk 'A'				52.76	2	6
1) Chambers, Kayla		2) Kollmar, Kaia				
3) Stickler, Emmalee		4) Skiff, Cameryn				
4 Grand Island 'A'				53.45	1	5

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Girls 4x100 Meter Relay**

1) Webster, Madison	2) Kutschkau, Briannah			
3) Hinken, Cassidy	4) Griffin, Tiffany			
5 Lincoln Southeast 'A'		53.46	2	4
1) Baxter, Mo	2) Jensen, Breck			
3) Bumgarner, Iris	4) Gifford, Karis			
6 Lincoln North Star 'A'		53.56	1	3
1) Biven, Kenzie	2) Zastrow, Greta			
3) Fox, Samantha	4) Osman, Ruaa			
7 Kearney 'A'		53.89	2	2
1) Soucie, Kendall	2) Zamrzla, Shayna			
3) Focke, Abigail	4) Mihm, Haley			
8 Pius X 'A'		54.03	2	1
1) Dalton, Vivian	2) Sindelar, Sarah			
3) Gabel, Josie	4) Goodwater, MacKenzie			
9 Lincoln East 'A'		54.15	1	
1) Duensing, Jenna	2) Snyder, Kamryn			
3) Rust, Emma	4) Boyd, Reese			
-- Lincoln Southwest 'A'		DQ	2	Out of zone
1) Korecky, Taylor	2) Dilsaver, Kate			
3) Rowe, Jaida	4) Dirks, Nikki			

**Girls 4x400 Meter Relay**

HAC: M 3:56.90 2008 , Lincoln Southeast  
 Birkel, Pipe, Brown, Houser

School	Finals	H#	Points
1 Fremont 'A'	4:05.38	2	10
1) Glause, Sydney	2) Dillon, Lucy		
3) Sheppard, Emmalee	4) Hemmer, Mara		
2:03.345 (2:03.345)	3:05.498 (1:02.154)	4:05.372 (59.875)	
2 Lincoln Southwest 'A'	4:06.53	2	8
1) Hohl, Lauren	2) Coen, Carly		
3) Rinn, Brianna	4) Blehm, Lauren		
2:05.010 (2:05.010)	3:06.792 (1:01.783)	4:06.523 (59.732)	
3 Pius X 'A'	4:13.84	2	6
1) Chapman, Molly	2) Dalton, Vivian		
3) Prichard, Natalie	4) Campos, Kate		
2:06.754 (2:06.754)	3:12.956 (1:06.203)	4:13.836 (1:00.880)	
4 Lincoln North Star 'A'	4:14.15	2	5
1) Schafer, Saylor	2) Jacobs, Ali		
3) Webb, Jaeden	4) Osman, Ruaa		
2:11.780 (2:11.780)	3:14.294 (1:02.514)	4:14.143 (59.850)	
5 Lincoln East 'A'	4:17.89	2	4
1) Shaw, Kaci	2) Wissing, Jordyn		
3) Muma, Jenna	4) Ventling-Brown, Annalee		
2:09.819 (2:09.819)	3:15.029 (1:05.210)	4:17.881 (1:02.853)	
6 Columbus 'A'	4:21.07	2	3
1) Johnson, Addison	2) Tuls, Trinity		
3) Smith, Erin	4) Batenhorst, Elena		
2:08.459 (2:08.459)	3:16.707 (1:08.249)	4:21.064 (1:04.357)	
7 Kearney 'A'	4:30.33	1	2
1) Kohtz, Lauren	2) Mihm, Haley		
3) Barth, Brooke	4) Whalen, Macie		
2:15.898 (2:15.898)	3:23.515 (1:07.617)	4:30.328 (1:06.813)	



**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Girls 4x400 Meter Relay**

8 Grand Island 'A' 4:31.85 1 1  
 1) Webster, Madison 2) Gawrych, Mya  
 3) Morales, Jasmine 4) Kutschkau, Briannah  
 2:13.587 (2:13.587) 3:22.750 (1:09.163) 4:31.846 (1:09.097)

**Girls 4x800 Meter Relay**

=====

HAC: M 9:44.30 1986 , Lincoln High  
 Tussing, Brown, Bible, Loos

School	Finals	Points
1 Fremont 'A'	9:38.73M	10
1) Nau, Emily 2) Hemmer, Mara		
3) Dahl, Maris 4) McCabe, Taylor		
2:20.914 (2:20.914) 4:45.456 (2:24.542) 7:12.388 (2:26.933)	9:38.730 (2:26.343)	
2 Lincoln Southwest 'A'	9:45.39	8
1) Blehm, Lauren 2) Schwartz, Lily		
3) Schwensen, Amelia 4) Jonson, Elsa		
2:23.519 (2:23.519) 4:47.888 (2:24.369) 7:19.156 (2:31.269)	9:45.389 (2:26.233)	
3 Lincoln East 'A'	9:47.88	6
1) Apel, Izzy 2) Svehla, Peyton		
3) Muma, Kylie 4) Wissing, Jordyn		
2:25.489 (2:25.489) 4:53.653 (2:28.164) 7:22.902 (2:29.250)	9:47.874 (2:24.972)	
4 Pius X 'A'	9:56.55	5
1) Chapman, Molly 2) Prichard, Natalie		
3) Korus, Allyson 4) Hraban, Ashtyn		
2:26.288 (2:26.288) 4:53.693 (2:27.405) 7:25.863 (2:32.171)	9:56.547 (2:30.685)	
5 Norfolk 'A'	10:18.94	4
1) Ruda, Abby 2) Meier, Molly		
3) Mortimer, Rachel 4) Godfrey, Paige		
2:25.194 (2:25.194) 4:58.979 (2:33.785) 7:37.650 (2:38.672)	10:18.940 (2:41.291)	
6 Kearney 'A'	10:28.57	3
1) Kohtz, Lauren 2) Bond, Emma		
3) Olson, Alyvia 4) Sutton, Megan		
2:36.712 (2:36.712) 5:13.764 (2:37.052) 7:53.918 (2:40.155)	10:28.570 (2:34.652)	
7 Columbus 'A'	11:00.69	2
1) Luebbe, Maggie 2) Braithwait, Ava		
3) Holys, Grace 4) Wickens, Brooke		
2:40.235 (2:40.235) 5:23.739 (2:43.504) 8:12.395 (2:48.657)	11:00.690 (2:48.296)	
8 Grand Island 'A'	11:13.43	1
1) Jakubowski, Hailey 2) Pikop, Aubrey		
3) Cheetsos, Teagan 4) Hurtado, Madelon		
2:44.099 (2:44.099) 5:31.638 (2:47.539) 8:19.578 (2:47.941)	11:13.422 (2:53.844)	

**Girls High Jump**

=====

HAC: M 5-08 2002 Leigh Wagner, Lincoln Southeast

Name	Year School	Finals	Points
1 Iburg, Sara	Pius X	5-03.00	10
4-05 4-07 4-09 4-11 5-01 5-03 5-04			
P O O O XO XXO XXX			
2 Schafer, Saylor	Lincoln North Star	5-01.00	8
4-05 4-07 4-09 4-11 5-01 5-03			
P O O O O XXX			

## Heartland Athletic Conference Championships - 5/5/2021

## Grand Island High School

## Results

## ....Girls High Jump

3	Lambe, Regan	Lincoln Southwest	J5-01.00	6
	4-05 4-07 4-09 4-11 5-01 5-03			
	P O O O XO XXX			
4	Bakenhus, Jerika	Lincoln North Star	J5-01.00	5
	4-05 4-07 4-09 4-11 5-01 5-03			
	O O O XXO XO XXX			
5	Sadler, Tasia	Northeast	J5-01.00	4
	4-05 4-07 4-09 4-11 5-01 5-03			
	P O O O XXO XXX			
6	Jacobs, Ali	Lincoln North Star	J5-01.00	3
	4-05 4-07 4-09 4-11 5-01 5-03			
	P O O XO XXO XXX			
7	Terwilliger, Tatum	Lincoln Southwest	4-09.00	2
	4-05 4-07 4-09 4-11			
	O O O XXX			
8	Sovereign, Alexis	Norfolk	J4-09.00	1
	4-05 4-07 4-09 4-11			
	XXO O O XXX			
9	Barth, Brooke	Kearney	J4-09.00	
	4-05 4-07 4-09 4-11			
	O XO XO XXX			
9	Bolden, Mya	Fremont	J4-09.00	
	4-05 4-07 4-09 4-11			
	XO O XO XXX			
11	Ries, Carly	Norfolk	J4-09.00	
	4-05 4-07 4-09 4-11			
	O O XXO XXX			
11	Adams-Tuls, Jaleigh	Columbus	J4-09.00	
	4-05 4-07 4-09 4-11			
	O O XXO XXX			
13	Oltman, Jocelyn	Lincoln Southwest	J4-09.00	
	4-05 4-07 4-09 4-11			
	O XO XXO XXX			
14	Rowedder, Brooke	Kearney	4-07.00	
	4-05 4-07 4-09			
	O XO XXX			
14	Dymacek, Kaitlyn	Lincoln East	4-07.00	
	4-05 4-07 4-09			
	O XO XXX			
16	Armstrong, Isabelle	Columbus	J4-07.00	
	4-05 4-07 4-09			
	XO XO XXX			
16	Huff, Rylie	Grand Island	J4-07.00	
	4-05 4-07 4-09			
	XO XO XXX			
16	Workman, Paytan	Columbus	J4-07.00	
	4-05 4-07 4-09			
	XO XO XXX			
19	Roberts, Rylee	Lincoln East	J4-07.00	
	4-05 4-07 4-09			
	XXO XO XXX			
20	Gubbels, Sydney	Pius X	4-05.00	
	4-05 4-07			
	O XXX			

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Girls High Jump**

20	Bartels, Ava	Lincoln East	4-05.00
	4-05 4-07		
	O XXX		
22	Eidsen, Ella	Pius X	J4-05.00
	4-05 4-07		
	XXO XXX		

**Girls Pole Vault**

=====						
	HAC: M 11-10	2014		Karlye Cygan, Lincoln Southwest		
Name	Year	School	Finals	Points		
=====						
1	Newill, Hailey	Fremont	10-00.00	10		
	8-00 8-06 9-00 9-06 10-00 10-06					
	P P O O O XXX					
2	Stumpff, Toni	Lincoln East	J10-00.00	8		
	8-00 8-06 9-00 9-06 10-00 10-06					
	P P O O XXO XXX					
3	Brownlow, Emma	Columbus	9-00.00	6		
	8-00 8-06 9-00 9-06					
	O O O XXX					
4	Schmidt, Novalee	Lincoln High School	J9-00.00	5		
	8-00 8-06 9-00 9-06					
	O XO XXO XXX					
5	Savice, Malisa	Lincoln Southwest	8-06.00	3.50		
	8-00 8-06 9-00					
	O O XXX					
5	Miller, Leann	Norfolk	8-06.00	3.50		
	8-00 8-06 9-00					
	O O XXX					
7	Bespalec, Ashlyn	Kearney	J8-06.00	2		
	8-00 8-06 9-00					
	XXO XXO XXX					
8	Wolsleger, Elie	Pius X	8-00.00	0.50		
	8-00 8-06					
	O XXX					
8	Hudak, Eliza	Lincoln East	8-00.00	0.50		
	8-00 8-06					
	O XXX					
10	Lam, Lilyan	Lincoln Southeast	J8-00.00			
	8-00 8-06					
	XO XXX					
10	Hepner, Hannah	Kearney	J8-00.00			
	8-00 8-06					
	XO XXX					
10	Pena, Ali	Fremont	J8-00.00			
	8-00 8-06					
	XO XXX					
10	Willson, Alee	Kearney	J8-00.00			
	8-00 8-06					
	XO XXX					
14	Hudec, Jadyn	Lincoln East	J8-00.00			
	8-00 8-06					
	XXO XXX					

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Girls Pole Vault**

14 Nelson, Sierra	Fremont	J8-00.00
8-00 8-06		
XXO XXX		
-- Brummond, Nealy	Norfolk	NH
8-00 8-06 9-00 9-06		
P P P XXX		
-- Heser, Ally	Pius X	NH
8-00		
XXX		
-- Vedral, Anna	Pius X	NH
8-00 8-06 9-00 9-06 10-00 10-06 11-00		
P P P P P P XXX		
-- Keodaughdy, Natalee	Lincoln North Star	NH
8-00		
XXX		
-- Driver, Libby	Lincoln Southeast	NH
8-00		
XXX		
-- Griffin, Tiffany	Grand Island	NH
8-00		
XXX		
-- Little, Teagan	Lincoln Southwest	NH
8-00		
XXX		
-- Buessing, Nicole	Lincoln Southwest	NH
8-00		
XXX		

**Girls Long Jump**

=====						
HAC: M 17-09.75 2002 Emily Moran, Fremont						
Name	Year	School	Finals	H#	Points	
=====						
1 Iburg, Sara		Pius X	17-01.00	3	10	
16-00.50 16-00 16-02 16-10 17-01 16-06.75						
2 Coen, Carly		Lincoln Southwest	16-10.50	3	8	
FOUL 16-06 16-10.50 16-08.75 FOUL FOUL						
3 Rich, Izzy		Kearney	16-09.25	3	6	
16-09.25 FOUL 16-03.50 15-04 15-03.50 FOUL						
4 Ventling-Brown, Annalee		Lincoln East	16-07.00	3	5	
16-05 16-02.75 15-05.50 16-01 16-01.50 16-07						
5 Boyd, Reese		Lincoln East	16-05.00	2	4	
15-07.75 15-08 16-05 FOUL 14-10 15-02.50						
6 Olson, Joselyn		Columbus	16-04.50	3	3	
16-03 16-00.75 15-07 15-10 16-04.50 FOUL						
7 Reiling, Anna		Lincoln Southwest	16-03.75	3	2	
13-11 16-01 16-03.75 15-08 FOUL FOUL						
8 Skiff, Cameryn		Norfolk	16-03.50	3	1	
16-03.50 16-00 FOUL FOUL 15-01.50 12-02.50						
9 Smetter, Ashley		Lincoln Southwest	16-01.25	2		
FOUL 16-01.25 FOUL FOUL 15-07.50 14-10.50						
10 Lesiak, Makenna		Pius X	15-09.00	3		
FOUL FOUL 15-09						
11 Bolden, Mya		Fremont	15-07.75	2		
FOUL 14-11 15-07.75						

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Girls Long Jump**

12 Hill, Madeline	Grand Island	J15-07.75	2
15-07.75 FOUL FOUL			
13 Lechtenberger, Elli	Lincoln Southeast	15-06.50	2
15-06.50 FOUL 14-10			
14 Sindelar, Sarah	Pius X	15-06.25	2
15-06 15-06.25 14-10.50			
15 Kollmar, Kaia	Norfolk	15-06.00	3
14-05.50 14-07 15-06			
16 Gatzemeyer, Morgan	Lincoln High School	15-05.50	3
15-05.50 15-00.25 14-11			
17 Amend, Brooklyn	Kearney	15-05.00	2
FOUL 15-05 14-09			
18 Morrow, Clara	Fremont	15-02.00	2
14-06.25 15-02 14-10.50			
19 Benkendorf, Kira	Columbus	J15-02.00	2
FOUL 15-02 FOUL			
20 Fenton, Kendal	Lincoln Southeast	14-10.50	1
FOUL 14-10.50 14-04.75			
21 Tremel, Natalie	Kearney	14-10.25	1
FOUL 14-03.50 14-10.25			
22 Baxter, Mo	Lincoln Southeast	14-09.50	1
14-09.50 14-06.25 14-06.75			
23 Hansen, Jaylen	Grand Island	14-03.50	1
14-02.50 14-03.50 FOUL			
24 Smith, Isabel	Lincoln High School	13-05.75	1
13-05.75 12-10.50 13-00			
25 Cady, Madison	Lincoln North Star	13-04.00	1
13-04 13-04 13-00			
26 Baumbach, Camille	Northeast	13-01.00	1
13-01 FOUL 12-03.50			
27 Varlack, McKenna	Lincoln North Star	12-01.00	1
12-01 12-00.50 11-07			

**Girls Triple Jump**

=====									
HAC: M 39-08.50 2016 Mackenzie Puckett, Grand Island									
Name	Year	School	Finals	H#	Points				
=====									
1 Hinken, Cassidy		Grand Island	35-10.75	3	10				
34-07.75 35-01.50 35-09		35-10.75 34-04.50 FOUL							
2 Hill, Madeline		Grand Island	34-10.75	2	8				
31-08 31-04 33-08.50 33-03		34-10.75 32-08							
3 Waters, Megan		Lincoln East	33-06.75	3	6				
32-11 33-06.75 32-11 32-11		33-06.75 33-05.50							
4 Lesiak, Makenna		Pius X	J33-06.75	3	5				
33-00.50 33-06.75 32-08		FOUL 32-03.50 31-10.50							
5 Mach, Leah		Pius X	33-04.50	3	4				
32-00 33-04.50 33-01 32-03		31-05.50 32-03.50							
6 Lechtenberger, Elli		Lincoln Southeast	33-01.75	3	3				
31-03.75 33-01.75 FOUL 33-00.50		32-07 FOUL							
7 Sadler, Tasia		Northeast	32-07.25	2	2				
30-07 30-08 32-07.25 30-02		FOUL 31-10							
8 Fenton, Kendal		Lincoln Southeast	32-07.00	2	1				
32-05.50 32-07 32-06 31-00		32-01.50 30-03							

**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Girls Triple Jump**

9	Benkendorf, Kira	Columbus	J32-07.00	1
	32-07 32-06 FOUL FOUL FOUL FOUL			
10	Reiling, Anna	Lincoln Southwest	32-06.75	3
	32-06 32-06.75 30-09.75			
11	Rich, Izzy	Kearney	32-05.75	3
	32-05.75 FOUL 31-05			
12	Stobbe, Samantha	Grand Island	32-02.50	2
	31-08 32-02.50 31-11			
13	Talbert, Emma	Kearney	32-01.75	3
	30-07 31-03.50 32-01.75			
14	Bailey, Emilee	Lincoln East	32-01.50	2
	30-00.50 30-10 32-01.50			
15	Breinig, Sarah	Kearney	32-00.75	2
	32-00 32-00.75 30-05			
16	Christensen, Brinly	Lincoln Southwest	32-00.50	3
	31-11.75 31-02.75 32-00.50			
17	Meyer, Abby	Lincoln Southwest	31-10.50	3
	30-01.50 31-09 31-10.50			
18	Meyer, Hannah	Fremont	31-10.00	2
	FOUL 31-10 FOUL			
19	Joyner, Jordan	Lincoln North Star	31-07.00	2
	31-03.50 31-07 31-03			
20	Sindelar, Sarah	Pius X	31-03.00	2
	FOUL 31-03 31-01			
21	Long, Abbigail	Norfolk	J31-03.00	2
	30-03 31-03 FOUL			
22	Herbel, Lilly	Lincoln Southeast	30-08.00	1
	28-08.75 29-04 30-08			
23	Morrow, Clara	Fremont	29-10.00	1
	29-10 29-09.50 29-06			
24	Oceguera, Aliya	Columbus	J29-10.00	1
	FOUL 29-03 29-10			
25	Gatzemeyer, Morgan	Lincoln High School	29-04.50	1
	29-03 29-04.50 28-04			
26	Rust, Emma	Lincoln East	29-02.00	1
	FOUL FOUL 29-02			
27	Lual, Nya	Northeast	29-00.50	1
	28-11.50 29-00.50 28-07.50			
28	Smith, Isabel	Lincoln High School	28-11.00	1
	27-07.75 28-08.50 28-11			

**Girls Shot Put**

=====						
	HAC: M 51-04	1997	Becky Beacher, Fremont			
Name	Year	School	Finals	H#	Points	
=====						
1	Novacek, Lily	Kearney	44-02.25	3	10	
	43-03.50 42-02.50 FOUL	41-01.50 42-08 44-02.25				
2	Barrientos, Kamdyn	Grand Island	40-00.00	3	8	
	37-10.50 40-00 FOUL	37-10 38-05.75 38-07.50				
3	Franzen, Avery	Kearney	39-08.00	3	6	
	39-08 39-04 FOUL	37-02 FOUL FOUL				
4	Kinning, Mackenzie	Fremont	38-10.00	3	5	
	35-03 35-02.50 37-04.50	37-06.25 37-11.75 38-10				

**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Girls Shot Put**

5	Ragland, Kinsley	Lincoln North Star	38-01.25	3	4
	37-02 34-09.25 38-01.25 35-06.75 37-07 36-07.50				
6	Wulf, Brittany	Lincoln Southeast	37-09.75	3	3
	36-02.75 35-10.50 35-08.25 36-02 37-09.75 FOUL				
7	Skiff, Makenna	Norfolk	37-09.50	3	2
	FOUL FOUL 36-09.75 37-09.50 FOUL 37-03.25				
8	Hofer, Ellah	Fremont	36-06.00	2	1
	35-03.25 FOUL 35-09.50 35-06 36-06 34-06.50				
9	Knigge, Mia	Fremont	35-08.00	3	
	35-08 33-05 35-06.50 34-06.75 FOUL 34-01.75				
10	Loyd, Aleana	Lincoln North Star	34-07.50	1	
	34-07.50 34-02.50 34-04.50				
11	Covington, Cortney	Lincoln Southeast	34-05.50	3	
	34-05.50 31-09 31-06				
12	Kwapnioski, Hannah	Columbus	33-05.00	1	
	33-05 32-01 32-06				
13	Keiser, Megan	Lincoln Southwest	33-02.00	3	
	32-01 33-02 33-00				
14	Adams, Morgan	Lincoln East	32-10.00	1	
	31-01.50 32-04.50 32-10				
15	Reed, Lilly	Grand Island	32-08.75	3	
	31-09.50 32-08.75 32-00.50				
16	Sanchez, Agdaly	Norfolk	32-07.00	2	
	32-02.50 32-07 30-11				
17	Farmer, Kayla	Lincoln High School	J32-07.00	2	
	32-07 31-01.50 31-10.75				
18	Buom, Nyabuoy	Lincoln Southwest	31-11.50	1	
	31-11.50 31-10.50 30-07				
19	Lekouyi, Sandrine	Lincoln High School	31-08.75	2	
	31-01.50 FOUL 31-08.75				
20	Adams, Madison	Lincoln East	31-07.50	2	
	30-00.25 31-07.50 31-00.50				
21	Holsteen, Courtney	Lincoln Southwest	31-04.50	3	
	29-00 31-04.50 29-07.75				
22	Ramsey, Azai	Lincoln High School	31-00.50	2	
	31-00.50 FOUL 30-07				
23	Skeen, Haidyn	Kearney	31-00.00	2	
	FOUL FOUL 31-00				
24	Day, Grace	Norfolk	29-11.00	2	
	29-11 28-00.25 29-00.50				
25	Thoms, Ashton	Columbus	J29-11.00	1	
	27-04.25 29-11 FOUL				
26	Myers, Julia	Grand Island	29-10.50	1	
	29-10.50 29-05 27-06				
27	Brott, Lanie	Pius X	29-02.50	1	
	28-00 28-06.50 29-02.50				
28	Andreasen, Mattie	Pius X	29-00.50	2	
	FOUL 28-03 29-00.50				
29	Volnek, Delaney	Pius X	28-00.00	1	
	FOUL 28-00 27-11.50				
--	McGrew, Ally	Lincoln East	FOUL	1	
	FOUL FOUL FOUL				

## Heartland Athletic Conference Championships - 5/5/2021

## Grand Island High School

## Results

## Girls Discus Throw

=====									
HAC: M 146-04 1994 Marcie Sharton, Lincoln High									
Name	Year	School	Finals	H#	Points				
=====									
1	Barrientos, Kamdyn	Grand Island	130-05	3	10				
	129-07 122-11 130-05 126-03	FOUL 110-08							
2	Novacek, Lily	Kearney	121-04	3	8				
	FOUL 112-04 FOUL FOUL 121-04 117-06								
3	Dowty, Hadeley	Fremont	108-06	3	6				
	108-06 FOUL 107-02 FOUL FOUL 107-08								
4	Skeen, Haidyn	Kearney	107-02	3	5				
	FOUL 83-10 104-03 FOUL 101-00 107-02								
5	Denker, Kaylee	Lincoln East	106-04	2	4				
	FOUL 98-06 106-04 FOUL FOUL 99-08								
6	Nichols, Grace	Lincoln Southeast	104-07	3	3				
	100-06 97-05 FOUL 99-01 104-07 FOUL								
7	Farmer, Kayla	Lincoln High School	104-06	3	2				
	104-06 FOUL 103-10 102-01 99-08 FOUL								
8	Fritz, Taylor	Lincoln Southwest	103-05	2	1				
	103-05 99-02 FOUL FOUL 102-09 102-07								
9	Roth, Lyndsey	Lincoln North Star	103-01	3					
	95-10 99-09 103-01 FOUL 95-10 97-00								
10	Schroer, Hailey	Lincoln Southwest	99-09	3					
	99-09 95-04 FOUL								
11	Skiff, Makenna	Norfolk	98-07	3					
	94-06 98-07 91-09								
12	Sanchez, Agdaly	Norfolk	98-03	3					
	98-03 FOUL 90-00								
13	Long, Malayah	Lincoln Southwest	95-05	2					
	94-07 95-05 91-04								
14	McClain, Maggie	Fremont	94-01	1					
	FOUL 94-01 FOUL								
15	Adams, Madison	Lincoln East	92-10	2					
	87-07 90-09 92-10								
16	Myers, Julia	Grand Island	92-08	2					
	90-01 92-08 84-10								
17	Ramsey, Azai	Lincoln High School	92-06	2					
	92-06 FOUL FOUL								
18	Reed, Lilly	Grand Island	92-00	1					
	87-07 80-06 92-00								
19	Ragland, Kinsley	Lincoln North Star	90-02	2					
	90-02 89-03 FOUL								
20	Wulf, Brittany	Lincoln Southeast	88-01	1					
	87-07 88-01 85-04								
21	Koch, Savannah	Lincoln East	87-02	1					
	70-06 87-02 77-09								
22	Kwapnioski, Hannah	Columbus	86-04	1					
	FOUL FOUL 86-04								
23	Day, Grace	Norfolk	83-11	2					
	83-11 72-05 82-08								
24	Thoms, Ashton	Columbus	82-11	1					
	80-05 82-11 74-00								
25	Tlamka, Hannah	Pius X	82-03	1					
	82-03 FOUL FOUL								
26	Hiesterman, Cassidy	Columbus	81-03	1					
	77-06 81-03 75-06								



**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Girls Discus Throw**

27	Decker, Aubrey	Pius X	80-09	1
	74-09 80-09 FOUL			
28	Molina, Bella	Kearney	80-00	3
	FOUL FOUL 80-00			
29	Covington, Cortney	Lincoln Southeast	77-01	2
	FOUL 77-01 70-11			
30	Hofer, Ellah	Fremont	71-08	2
	FOUL FOUL 71-08			
31	Adams, Vashti	Pius X	70-10	1
	FOUL 59-08 70-10			
32	Lekouyi, Sandrine	Lincoln High School	70-07	2
	FOUL 70-07 FOUL			

**Boys 100 Meter Dash**

=====

HAC: M 10.60 2000 Clark Spanel, Grand Island

Name Year School Prelims H#

=====

## Preliminaries

1	Yrastorza, John	Lincoln Southeast	11.02q	2
2	Miller, Kaden	Kearney	11.14q	1
3	Green, Rian	Kearney	11.27q	2
4	Hirt, Nathan	Lincoln Southeast	11.34q	3
5	Dickenson, Porter	Grand Island	11.42q	2
6	Reuling, Zander	Kearney	11.63q	5
7	Berstler, Rhett	Lincoln East	11.64q	4
8	LaDay, Jon	Fremont	11.67q	2 11.666
8	Faz, Christian	Columbus	11.67q	3 11.666
10	Rich, Hunter	Fremont	11.72q	1 11.715
11	Stephenson, Billie	Lincoln East	11.72q	5 11.716
12	Makinson, Nathan	Lincoln East	11.74q	1 11.731
13	Morrow, Gavin	Lincoln Southwest	11.74q	4 11.737
14	Branch, Derek	Lincoln Southeast	11.76q	4
15	Vyhidal, Parker	Lincoln High School	11.81q	4 11.808
15	Lorenz, Tyler	Lincoln High School	11.81q	3 11.808
17	Johnson, SirKyivah	Columbus	11.88	4
18	Schnase, Tyler	Pius X	11.89	1
19	McDermott, Ayden	Grand Island	11.91	3 11.901
20	Fritton, Collin	Lincoln Southwest	11.91	5 11.905
21	Mongtmerly, Isaac	Lincoln High School	11.94	2
22	Siegel, Matthew	Lincoln North Star	11.97	4
23	Gary, Xavier	Northeast	12.00	3
24	Ferraro, Dominic	Lincoln North Star	12.08	1
25	Gruber, Justin	Lincoln North Star	12.09	5
26	Gray, Dylan	Northeast	12.16	2
27	Brown, Ronney	Norfolk	12.17	4
28	Armstrong, Cory	Norfolk	12.22	2
29	Richardson, Caleb	Grand Island	12.25	5
30	Bauer, Rowdy	Norfolk	12.42	1
31	Alley, Malachi	Northeast	12.44	3
32	Marker, Dylan	Columbus	12.46	3

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**Boys 100 Meter Dash**

=====						
HAC: M 10.60		2000	Clark Spanel, Grand Island			
Name	Year	School	Finals	H#	Points	
=====						
Finals						
1	Yrastorza, John	Lincoln Southeast	10.92	2	10	
2	Hirt, Nathan	Lincoln Southeast	11.05	2	8	11.041
3	Miller, Kaden	Kearney	11.05	2	6	11.049
4	Green, Rian	Kearney	11.24	2	5	
5	Berstler, Rhett	Lincoln East	11.30	2	4	
6	Morrow, Gavin	Lincoln Southwest	11.31	1	3	
7	Vyhidal, Parker	Lincoln High School	11.33	1	2	
8	Branch, Derek	Lincoln Southeast	11.35	1	1	
9	Dickenson, Porter	Grand Island	11.37	2		
10	Rich, Hunter	Fremont	11.43	1		
11	Reuling, Zander	Kearney	11.46	2		
12	LaDay, Jon	Fremont	11.49	1		
13	Makinson, Nathan	Lincoln East	11.50	1		11.491
14	Faz, Christian	Columbus	11.50	2		11.498
15	Lorenz, Tyler	Lincoln High School	11.55	1		

**Boys 200 Meter Dash**

=====						
HAC: M 21.50		1998	Cliff Brye, Lincoln Northeast			
Name	Year	School	Prelims	H#		
=====						
Preliminaries						
1	Consbruck, Kyan	Lincoln Southwest	22.80q	5		
2	Reuling, Zander	Kearney	23.00q	4		
2	Vo, Travis	Lincoln North Star	23.00q	5		
4	Stroup, Logan	Lincoln Southwest	23.10q	3		
5	Coleman, Malachi	Lincoln East	23.20q	2		
5	Yrastorza, John	Lincoln Southeast	23.20q	1		
7	Bausch, Vaughn	Lincoln Southeast	23.30q	1		
7	Pittman, Eliaz	Lincoln Southeast	23.30q	2		
9	Miles, Gabe	Lincoln East	23.40q	3		
9	Mayer, Nolan	Lincoln Southwest	23.40q	4		
9	Berstler, Rhett	Lincoln East	23.40q	4		
12	Green, Rian	Kearney	23.60q	2		
13	Brock, DeAndre	Grand Island	23.70q	5		
13	Bender, Jacob	Norfolk	23.70q	1		
15	Arevalo, Byron	Columbus	23.80q	1		
15	Cruse, Jesse	Lincoln High School	23.80q	3		
17	Schnase, Tyler	Pius X	24.00	5		
17	Vanicek, Trenton	Columbus	24.00	1		
19	Siegel, Matthew	Lincoln North Star	24.10	3		
20	Prim, Ryan	Norfolk	24.20	4		
20	Hutchinson, Adonis	Lincoln High School	24.20	2		
20	Kopplin, Matthew	Lincoln North Star	24.20	5		
23	Alesch, Joe	Pius X	24.30	3		
23	Eastberg, Tommy	Fremont	24.30	2		
23	Lorenz, Tyler	Lincoln High School	24.30	4		
26	Hernandez, Ariel	Grand Island	24.40	5		
27	Armstrong, Cory	Norfolk	24.50	4		
28	Marker, Dylan	Columbus	24.70	1		
29	Goodwin, Dalton	Northeast	24.80	2		

**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Boys 200 Meter Dash**

30 Williams, Eli	Grand Island	25.00	3
31 Morehead, James	Northeast	25.10	1
31 Alley, Malachi	Northeast	25.10	2
33 Avalos, Ben	Fremont	25.70	3

**Boys 200 Meter Dash**

=====					
HAC: M 21.50		1998	Cliff Bbye, Lincoln Northeast		
Name	Year	School	Finals	H#	Points
=====					

## Finals

1 Yrastorza, John	Lincoln Southeast	22.65	2	10
2 Stroup, Logan	Lincoln Southwest	23.12	2	8
3 Coleman, Malachi	Lincoln East	23.15	2	6
4 Consbruck, Kyan	Lincoln Southwest	23.41	2	5
5 Green, Rian	Kearney	23.43	1	4
6 Vo, Travis	Lincoln North Star	23.49	2	3
7 Pittman, Eliaz	Lincoln Southeast	23.50	2	2
8 Miles, Gabe	Lincoln East	23.55	1	1
9 Mayer, Nolan	Lincoln Southwest	23.71	1	
10 Bausch, Vaughn	Lincoln Southeast	23.77	2	
11 Cruse, Jesse	Lincoln High School	23.88	1	
12 Bender, Jacob	Norfolk	23.97	1	
13 Arevalo, Byron	Columbus	24.10	1	
14 Brock, DeAndre	Grand Island	24.18	1	
-- Reuling, Zander	Kearney	FS	2	

**Boys 400 Meter Dash**

=====					
HAC: M 48.30		1990	Sean O'Connor, Fremont		
Name	Year	School	Finals	H#	Points
=====					

1 Baker, Tyson	Fremont	50.59	4	10
2 McCray, DeKendrick	Lincoln East	51.14	4	8
3 Moore, Micah	Fremont	51.35	4	6
4 Mulder, Caleb	Columbus	51.99	4	5
5 Kuehn, Hunter	Lincoln High School	52.05	3	4
6 Patzel, Nick	Pius X	52.08	4	3
7 Duttonhoffer, Chris	Kearney	52.48	4	2
8 Dunaski, Matthew	Lincoln North Star	52.77	4	1
9 Fox, David	Lincoln Southwest	53.38	3	
10 Huber, Theo	Kearney	53.59	4	
11 Weston, Jack	Lincoln Southeast	54.20	3	
12 Eubanks, Vince	Lincoln East	54.54	3	
13 Woods, Henry	Lincoln Southeast	54.64	3	
14 Kortta, Andrew	Pius X	54.78	2	
15 Kauf, Nick	Lincoln Southwest	54.92	3	
16 Torres, Paulo	Fremont	55.01	2	
17 Butler, Thomas	Pius X	55.02	2	
18 Platter, Josh	Northeast	55.12	3	
19 Torres, Noah	Kearney	55.57	1	
20 Ramirez, Anthony	Grand Island	55.66	1	
21 LaPointe, Ashton	Columbus	56.00	1	
22 Ferraro, Dominic	Lincoln North Star	56.20	2	
23 Zabawa, Joseph	Lincoln Southeast	56.23	3	

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys 400 Meter Dash**

24 Jenkins, Zion	Lincoln High School	56.25	2
25 Braun, Carter	Columbus	56.58	2
26 Davy, Hudson	Lincoln East	56.98	1
27 Lill, Caden	Lincoln North Star	57.03	2
28 Bernal, Jaxon	Grand Island	58.07	1
29 Hanley, Brayden	Norfolk	58.11	1
30 Engberg, Trey	Grand Island	58.12	1

**Boys 800 Meter Run**

=====						
	HAC: M 1:54.93	2012	Moujtaba Mohammed,	Lincoln North Star		
Name		Year	School	Finals	H#	Points
=====						
1 Easley, Sam			Pius X	1:58.12	2	10
	1:00.241 (1:00.241)		1:58.112 (57.872)			
2 Taylor, Braden			Fremont	1:58.26	2	8
	59.027 (59.027)		1:58.258 (59.231)			
3 Baker, Tyson			Fremont	1:59.87	2	6
	59.818 (59.818)		1:59.865 (1:00.047)			
4 Reid, Grant			Lincoln Southwest	2:00.28	2	5
	58.808 (58.808)		2:00.278 (1:01.470)			
5 Miller, Nolan			Fremont	2:02.61	2	4
	1:01.080 (1:01.080)		2:02.604 (1:01.525)			
6 Bauman, Grant			Lincoln East	2:04.00	2	3
	59.893 (59.893)		2:03.999 (1:04.106)			
7 Uzzell, Cole			Norfolk	2:06.39	2	2
	1:02.871 (1:02.871)		2:06.389 (1:03.518)			
8 Kwiatkowski, Jordan			Lincoln High School	2:06.61	2	1
	1:02.557 (1:02.557)		2:06.606 (1:04.050)			
9 Dalton, James			Pius X	2:06.85	2	
	1:02.226 (1:02.226)		2:06.849 (1:04.623)			
10 Steuter, Lucas			Pius X	2:07.21	1	
	1:02.747 (1:02.747)		2:07.203 (1:04.456)			
11 Dahlke, Matthew			Kearney	2:07.35	2	
	1:02.587 (1:02.587)		2:07.343 (1:04.757)			
12 Kempkes, William			Lincoln Southwest	2:08.16	1	
	1:02.033 (1:02.033)		2:08.155 (1:06.122)			
13 Rinn, Jacob			Lincoln Southwest	2:09.22	2	
	1:03.714 (1:03.714)		2:09.211 (1:05.497)			
14 Burks, Deshawn			Lincoln High School	2:09.48	2	
	1:02.667 (1:02.667)		2:09.475 (1:06.809)			
15 Smith, Zach			Lincoln East	2:09.85	2	
	1:02.808 (1:02.808)		2:09.842 (1:07.034)			
16 Sindelar, Payton			Grand Island	2:09.87	1	
	1:03.122 (1:03.122)		2:09.870 (1:06.748)			
17 Montes, Matthew			Lincoln North Star	2:10.18	1	
	1:03.151 (1:03.151)		2:10.172 (1:07.021)			
18 Torres, Micah			Kearney	2:11.87	2	
	1:02.221 (1:02.221)		2:11.870 (1:09.649)			
19 Reimer, Lewis			Lincoln Southeast	2:12.29	1	
	2:12.285 (2:12.285)					
20 Benard, Will			Lincoln North Star	2:12.57	1	
	2:12.566 (2:12.566)					
21 Zabawa, Alden			Lincoln Southeast	2:12.65	1	
	2:12.650 (2:12.650)					

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys 800 Meter Run**

22 Ienn, Alex	Columbus	2:13.79	1
1:02.193 (1:02.193)	2:13.790 (1:11.597)		
23 Louis, Aranim	Kearney	2:14.23	1
1:02.474 (1:02.474)	2:14.224 (1:11.751)		
24 Cole, Jack	Lincoln Southeast	2:15.41	1
2:13.790 (2:13.790)	2:15.406 (1.616)		
25 Davy, Hudson	Lincoln East	2:15.88	1
2:15.873 (2:15.873)			
26 Wenz, Zach	Northeast	2:16.08	1
2:16.077 (2:16.077)			
27 Mead, Wyatt	Norfolk	2:17.70	1
2:17.698 (2:17.698)			
28 Hoover, Phoenix	Northeast	2:18.79	1
2:17.695 (2:17.695)	2:18.789 (1.094)		
29 Tompkins, Mason	Grand Island	2:18.97	1
2:18.967 (2:18.967)			
30 Wiegert, Chrisitan	Grand Island	2:19.50	1
2:19.500 (2:19.500)			
31 Muir, Zac	Lincoln North Star	2:20.12	1
2:20.113 (2:20.113)			
32 McFarland, Joseph	Columbus	2:21.41	1
2:21.405 (2:21.405)			
33 Kruse, Landon	Lincoln High School	2:26.76	1
2:26.754 (2:26.754)			

**Boys 1600 Meter Run**

=====					
HAC: M 4:15.91 2012 Mohamed Hamden, Lincoln North Star					
Name	Year	School	Finals	H#	Points
=====					
1 Romary, Daniel		Northeast	4:15.34M	2	10
1:03.281 (1:03.281)	2:05.562 (1:02.281)	3:10.374 (1:04.812)	4:15.337 (1:04.964)		
2 Chot, Liem		Lincoln North Star	4:23.68	2	8
1:05.314 (1:05.314)	2:12.242 (1:06.929)	3:19.890 (1:07.648)	4:23.677 (1:03.788)		
3 Snyder, Drew		Lincoln Southwest	4:25.82	2	6
1:05.855 (1:05.855)	2:12.924 (1:07.069)	3:20.740 (1:07.816)	4:25.814 (1:05.075)		
4 Taylor, Braden		Fremont	4:26.90	2	5
1:05.581 (1:05.581)	2:12.640 (1:07.059)	3:20.927 (1:08.287)	4:26.900 (1:05.974)		
5 Waters, Carter		Fremont	4:33.70	2	4
1:08.285 (1:08.285)	2:17.563 (1:09.278)	3:29.560 (1:11.997)	4:33.700 (1:04.140)		
6 Ochoa, Isaac		Norfolk	4:34.99	2	3
1:07.841 (1:07.841)	2:17.305 (1:09.464)	3:29.150 (1:11.846)	4:34.987 (1:05.837)		
7 Wagner, Owen		Fremont	4:35.63	2	2
1:08.072 (1:08.072)	2:17.646 (1:09.574)	3:29.853 (1:12.208)	4:35.630 (1:05.777)		
8 Wasserman, Grant		Lincoln North Star	4:35.66	2	1
1:08.382 (1:08.382)	2:17.883 (1:09.502)	3:29.142 (1:11.259)	4:35.651 (1:06.509)		
9 Volkmer, Joe		Lincoln East	4:39.08	2	
1:08.649 (1:08.649)	2:20.718 (1:12.070)	3:32.232 (1:11.514)	4:39.071 (1:06.840)		
10 Myers, Max		Lincoln Southwest	4:39.96	2	
1:08.825 (1:08.825)	2:20.418 (1:11.594)	3:32.271 (1:11.853)	4:39.954 (1:07.684)		
11 Long, Gage		Grand Island	4:42.04	2	
1:06.865 (1:06.865)	2:16.231 (1:09.366)	3:30.230 (1:14.000)	4:42.035 (1:11.805)		
12 Arduser, Drew		Lincoln East	4:43.64	2	
1:09.440 (1:09.440)	2:21.065 (1:11.625)	3:33.465 (1:12.401)	4:43.637 (1:10.172)		

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys 1600 Meter Run**

13	Lauterbach, Carson	Lincoln Southeast	4:45.54	2		
	1:08.836 (1:08.836)	2:20.594 (1:11.759)	3:33.145 (1:12.551)	4:45.532 (1:12.387)		
14	Dustin, Joe	Pius X	4:45.66	1		
	1:07.927 (1:07.927)	2:19.270 (1:11.343)	3:33.396 (1:14.126)	4:45.657 (1:12.261)		
15	Zaborowski, Ethan	Lincoln North Star	4:47.79	2		
	1:08.966 (1:08.966)	2:21.113 (1:12.147)	3:34.843 (1:13.730)	4:47.790 (1:12.948)		
16	Graff, Isaac	Lincoln East	4:47.96	2		
	1:09.450 (1:09.450)	2:21.002 (1:11.552)	3:34.376 (1:13.375)	4:47.960 (1:13.584)		
17	Lawrence, Jacob	Lincoln High School	4:48.16	2		
	1:07.746 (1:07.746)	2:17.404 (1:09.658)	3:33.695 (1:16.292)	4:48.153 (1:14.458)		
18	Greisen, Thomas	Pius X	4:51.12	1		
	1:07.542 (1:07.542)	2:18.689 (1:11.148)	3:34.931 (1:16.242)	4:51.119 (1:16.188)		
19	Muir, Kale	Lincoln Southeast	4:53.94	1		
	1:10.162 (1:10.162)	2:26.694 (1:16.533)	3:45.260 (1:18.566)	4:53.937 (1:08.677)		
20	Wilson, Gabe	Grand Island	4:54.01	1		
	1:07.690 (1:07.690)	2:20.117 (1:12.427)	3:39.814 (1:19.697)	4:54.009 (1:14.196)		
21	Yowell, Daniel	Norfolk	4:55.58	1		
	1:09.552 (1:09.552)	2:25.705 (1:16.153)	3:44.114 (1:18.409)	4:55.577 (1:11.463)		
22	Minchow, Simon	Pius X	4:57.12	1		
	1:08.666 (1:08.666)	2:22.920 (1:14.254)	3:41.925 (1:19.006)	4:57.120 (1:15.195)		
23	Shea, Charlie	Kearney	4:57.23	1		
	1:08.544 (1:08.544)	2:22.640 (1:14.097)	3:42.820 (1:20.180)	4:57.224 (1:14.404)		
24	Leon, Abel	Columbus	4:57.47	1		
	1:09.567 (1:09.567)	2:26.000 (1:16.433)	3:45.500 (1:19.501)	4:57.463 (1:11.963)		
25	Urkoski, Brandon	Columbus	4:58.54	1		
	1:09.362 (1:09.362)	2:26.162 (1:16.800)	3:44.934 (1:18.773)	4:58.531 (1:13.597)		
26	Guenther, Isaac	Norfolk	4:58.55	1		
	1:09.683 (1:09.683)	2:25.750 (1:16.067)	3:45.065 (1:19.316)	4:58.543 (1:13.478)		
27	Fryda, Trapper	Kearney	5:00.51	1		
	1:09.874 (1:09.874)	2:26.467 (1:16.594)	3:45.943 (1:19.476)	5:00.504 (1:14.561)		
28	Schmaderer, Daniel	Lincoln High School	5:02.34	1		
	1:09.958 (1:09.958)	2:26.666 (1:16.709)	3:45.852 (1:19.186)	5:02.340 (1:16.488)		
29	Kelly, Jacob	Lincoln High School	5:02.59	1		
	1:08.306 (1:08.306)	2:21.866 (1:13.560)	3:43.082 (1:21.217)	5:02.589 (1:19.507)		
30	Mount, Christian	Grand Island	5:09.49	1		
	1:11.119 (1:11.119)	2:30.217 (1:19.098)	3:53.903 (1:23.686)	5:09.482 (1:15.580)		
31	Anderson, Barnabas	Kearney	5:09.93	1		
	1:10.584 (1:10.584)	2:28.919 (1:18.335)	3:51.980 (1:23.062)	5:09.923 (1:17.943)		
32	Wenz, Zach	Northeast	5:14.37	1		
	1:11.861 (1:11.861)	2:31.477 (1:19.616)	3:55.134 (1:23.657)	5:14.370 (1:19.237)		

**Boys 3200 Meter Run**

=====						
	HAC: M 9:11.80	1990	David Iteffa, Fremont			
Name	Year	School	Finals	Points		
=====						
1	Garcia, Juan	Grand Island	9:52.12	10		
	1:05.691 (1:05.691)	2:16.195 (1:10.504)	3:29.472 (1:13.277)	4:44.714 (1:15.243)		
	6:00.629 (1:15.915)	7:17.322 (1:16.693)	8:34.921 (1:17.600)	9:52.111 (1:17.190)		
2	Garcia, Francisco (Jr.)	Fremont	10:09.55	8		
	1:08.631 (1:08.631)	2:23.497 (1:14.866)	3:40.717 (1:17.220)	4:58.329 (1:17.612)		
	6:17.484 (1:19.155)	7:36.992 (1:19.509)	8:55.731 (1:18.739)	10:09.545 (1:13.814)		
3	Ladd, Aaron	Fremont	10:12.04	6		
	1:08.196 (1:08.196)	2:23.461 (1:15.266)	3:40.681 (1:17.220)	4:58.392 (1:17.711)		
	6:17.448 (1:19.057)	7:37.012 (1:19.565)	8:56.185 (1:19.173)	10:12.040 (1:15.855)		

**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Boys 3200 Meter Run**

4	McGeorge, Zac	Fremont	10:12.60	5
	1:05.896 (1:05.896)	2:16.437 (1:10.542)	3:29.735 (1:13.298)	3:53.490 (23.755)
	4:44.991 (51.502)	6:02.420 (1:17.429)	7:28.161 (1:25.742)	10:12.600 (2:44.440)
5	Lawrence, Noah	Columbus	10:13.49	4
	1:08.869 (1:08.869)	2:23.608 (1:14.739)	3:40.837 (1:17.229)	4:58.535 (1:17.699)
	6:17.650 (1:19.115)	7:37.353 (1:19.703)	8:59.273 (1:21.920)	10:13.487 (1:14.215)
6	Duerk, Micah	Lincoln Southwest	10:35.94	3
	1:14.249 (1:14.249)	2:33.406 (1:19.158)	3:53.190 (1:19.784)	5:13.204 (1:20.014)
	6:35.746 (1:22.543)	7:59.402 (1:23.657)	9:22.107 (1:22.705)	10:35.936 (1:13.829)
7	Allen, Joe	Lincoln East	10:41.34	2
	1:15.358 (1:15.358)	2:33.551 (1:18.193)	3:53.236 (1:19.685)	5:12.931 (1:19.696)
	6:35.570 (1:22.639)	7:59.162 (1:23.592)	9:23.126 (1:23.965)	10:41.336 (1:18.210)
8	Meyer, Ian	Lincoln East	10:41.36	1
	1:15.611 (1:15.611)	2:34.881 (1:19.270)	3:54.564 (1:19.684)	5:14.542 (1:19.978)
	6:37.357 (1:22.815)	8:02.309 (1:24.952)	9:29.085 (1:26.777)	10:41.354 (1:12.270)
9	Olson, Ethan	Lincoln Southwest	10:41.56	
	1:14.697 (1:14.697)	2:33.931 (1:19.235)	3:54.269 (1:20.338)	5:15.017 (1:20.748)
	6:38.328 (1:23.312)	8:02.361 (1:24.033)	9:26.176 (1:23.815)	10:41.555 (1:15.380)
10	Sellhorn, Cole	Pius X	10:50.64	
	1:06.593 (1:06.593)	2:22.359 (1:15.767)	3:41.099 (1:18.740)	5:03.496 (1:22.397)
	6:29.965 (1:26.470)	7:56.619 (1:26.654)	9:26.094 (1:29.475)	10:50.632 (1:24.539)
11	Johnson, Nathan	Lincoln Southeast	10:51.82	
	1:15.096 (1:15.096)	2:34.406 (1:19.311)	3:54.842 (1:20.436)	5:15.850 (1:21.009)
	6:40.158 (1:24.308)	9:33.641 (2:53.484)	10:51.815 (1:18.174)	
12	Means, Carson	Norfolk	10:53.57	
	1:16.950 (1:16.950)	2:37.274 (1:20.324)	3:59.627 (1:22.354)	5:23.129 (1:23.502)
	6:48.634 (1:25.505)	9:39.971 (2:51.338)	10:53.562 (1:13.592)	
13	Rivas, Cisco	Kearney	10:55.69	
	1:10.412 (1:10.412)	2:27.890 (1:17.479)	3:48.979 (1:21.089)	5:11.551 (1:22.572)
	6:37.106 (1:25.555)	8:05.262 (1:28.157)	9:34.502 (1:29.240)	10:55.684 (1:21.182)
14	Mead, Wyatt	Norfolk	10:56.48	
	1:12.173 (1:12.173)	2:32.522 (1:20.350)	3:53.683 (1:21.161)	5:15.296 (1:21.614)
	6:43.349 (1:28.053)	9:39.700 (2:56.351)	10:56.477 (1:16.778)	
15	Heller, Landon	Lincoln Southeast	10:57.93	
	1:14.495 (1:14.495)	2:33.661 (1:19.167)	3:53.777 (1:20.117)	5:14.327 (1:20.550)
	6:37.466 (1:23.139)	8:02.541 (1:25.075)	9:29.717 (1:27.177)	10:57.921 (1:28.204)
16	Bonnie, Drew	Lincoln Southwest	10:59.60	
	1:14.862 (1:14.862)	2:35.568 (1:20.706)	3:57.387 (1:21.820)	5:21.462 (1:24.075)
	6:45.875 (1:24.413)	9:38.478 (2:52.604)	10:59.597 (1:21.120)	
17	McFarland, Joseph	Columbus	11:00.59	
	1:16.083 (1:16.083)	2:34.503 (1:18.420)	3:52.831 (1:18.329)	5:14.050 (1:21.219)
	6:39.325 (1:25.276)	8:06.656 (1:27.332)	9:35.249 (1:28.593)	11:00.589 (1:25.340)
18	Dart, Sean	Northeast	11:01.65	
	1:15.014 (1:15.014)	2:35.077 (1:20.064)	3:55.216 (1:20.139)	5:17.108 (1:21.893)
	6:44.035 (1:26.928)	9:41.287 (2:57.252)	11:01.643 (1:20.357)	
19	Vasquez, Milan	Lincoln East	11:07.69	
	1:15.934 (1:15.934)	2:35.109 (1:19.175)	3:54.921 (1:19.813)	5:17.933 (1:23.013)
	6:45.611 (1:27.679)	9:47.387 (3:01.777)	11:07.684 (1:20.297)	
20	Eisenbraun, Trevor	Norfolk	11:11.70	
	1:15.654 (1:15.654)	2:35.444 (1:19.790)	3:57.532 (1:22.089)	5:23.448 (1:25.917)
	6:50.586 (1:27.139)	9:50.823 (3:00.237)	11:11.697 (1:20.874)	
21	Sovereign, Owen	Pius X	11:15.20	
	1:11.477 (1:11.477)	2:30.054 (1:18.578)	5:18.652 (2:48.599)	6:48.670 (1:30.018)
	9:51.692 (3:03.023)	11:15.197 (1:23.505)		

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys 3200 Meter Run**

22 Ivanov, Max	Pius X	11:22.86		
1:19.366 (1:19.366)	2:38.816 (1:19.450)	3:58.821 (1:20.005)	5:23.306 (1:24.485)	
6:52.396 (1:29.090)	9:57.070 (3:04.674)	11:22.859 (1:25.789)		
23 Brockmeier, Charlie	Kearney	11:38.52		
1:15.957 (1:15.957)	2:35.779 (1:19.822)	3:58.049 (1:22.270)	5:26.415 (1:28.367)	
7:00.740 (1:34.326)	8:36.137 (1:35.398)	10:12.551 (1:36.414)	11:38.519 (1:25.968)	
24 Lima, Rafael	Lincoln Southeast	11:57.48		
1:16.206 (1:16.206)	2:36.200 (1:19.994)	3:59.062 (1:22.863)	5:26.638 (1:27.576)	
6:57.930 (1:31.292)	8:36.726 (1:38.797)	10:17.750 (1:41.025)	11:57.472 (1:39.722)	
-- Nguyen, Jimmy	Lincoln North Star	DNF		
1:14.327 (1:14.327)	2:33.457 (1:19.131)	3:53.706 (1:20.249)	5:15.575 (1:21.869)	
6:43.047 (1:27.472)				

**Boys 110 Meter Hurdles**

=====

HAC: M 14.03	2018	Darius Luff, Lincoln High
Name	Year School	Prelims H#

=====

Preliminaries

1 Nduywa, D'Andre	Kearney	14.10q	1
2 Schall, Alex	Kearney	14.60q	2
3 Leuty, Javon	Lincoln High School	15.30q	3
3 Sellin, Tyler	Norfolk	15.30q	3
5 Dahlgren, Jack	Kearney	15.50q	4
6 Staab, Joe	Pius X	15.60q	1
6 Ridder, Joey	Lincoln East	15.60q	2
8 Buxton, Colton	Columbus	15.80q	1
9 Henriquez, Jonathan	Grand Island	16.00q	2
9 Phlan, Connor	Lincoln North Star	16.00q	4
11 Walter, Brady	Fremont	16.10q	3
12 Oneal, Zendrick	Lincoln Southeast	16.50q	4
12 McFarland, Jaden	Columbus	16.50q	1
14 Storovich, Braden	Norfolk	16.60q	3
15 Tasset, Paul	Lincoln Southwest	16.90q	3
16 Pearson, John	Grand Island	17.20q	4
17 Evans, Kaalo	Lincoln Southwest	17.40	2
18 McLain, Blake	Lincoln East	17.50	1
19 Hallett, Dylan	Lincoln North Star	17.70	2
20 Le, Tien	Lincoln North Star	17.90	4
21 Horne, Hunter	Lincoln Southwest	18.10	4
21 Dynek, Dawson	Lincoln Southeast	18.10	1
23 Kathol, Gus	Lincoln Southeast	18.30	3
24 Collier, Jeremiah	Northeast	18.90	1
25 Pazarena, Nik	Grand Island	19.20	2
26 Hoff, Josh	Northeast	20.00	3
27 Valdez, Carlos	Columbus	21.30	4
28 Voss, Bret	Pius X	22.10	2

**Boys 110 Meter Hurdles**

=====

HAC: M 14.03	2018	Darius Luff, Lincoln High
Name	Year School	Finals H# Points

=====

Finals

1 Nduywa, D'Andre	Kearney	14.43	2	10
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**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****...Boys 110 Meter Hurdles**

2	Schall, Alex	Kearney	14.89	2	8
3	Dahlgren, Jack	Kearney	15.10	2	6
4	Leuty, Javon	Lincoln High School	15.18	2	5
5	Sellin, Tyler	Norfolk	15.40	2	4
6	Phlan, Connor	Lincoln North Star	15.61	1	3
7	Walter, Brady	Fremont	15.98	1	2
8	Ridder, Joey	Lincoln East	16.11	2	1
9	Henriquez, Jonathan	Grand Island	16.24	1	
10	Buxton, Colton	Columbus	16.30	2	
11	Tasset, Paul	Lincoln Southwest	16.37	1	
12	Staab, Joe	Pius X	16.53	2	
13	McFarland, Jaden	Columbus	16.60	1	
14	Storovich, Braden	Norfolk	16.79	1	
15	Pearson, John	Grand Island	16.99	1	

**Boys 300 Meter Hurdles**

HAC: M 38.63 2013		Andy Neal, Lincoln East				
Name	Year	School	Finals	H#	Points	
1	Ridder, Joey	Lincoln East	41.44	4	10	
2	Dahlgren, Jack	Kearney	41.50	4	8	
3	Schall, Alex	Kearney	42.16	4	6	
4	Sagehorn, Ashton	Fremont	42.79	4	5	
5	Phlan, Connor	Lincoln North Star	43.00	4	4	
6	Bauman, Dash	Lincoln East	43.92	3	3	
7	Storovich, Braden	Norfolk	44.32	4	2	
8	Staab, Joe	Pius X	44.35	3	1	
9	Le, Tien	Lincoln North Star	44.38	2		
10	Liegl, Jack	Lincoln Southeast	44.56	3		
11	Williams, Quanta	Grand Island	44.57	1		
12	Horne, Hunter	Lincoln Southwest	45.22	2		
13	Hallett, Dylan	Lincoln North Star	45.26	3		
14	Tasset, Paul	Lincoln Southwest	45.45	2		
15	Sellin, Tyler	Norfolk	45.75	4		
16	Jimenez, Elmer	Fremont	45.88	2		
17	McLain, Blake	Lincoln East	45.96	3		
18	Henriquez, Jonathan	Grand Island	46.01	2		
19	Dettmer, Tyson	Lincoln Southeast	46.32	1		
20	Voss, Bret	Pius X	46.35	3		
21	Evans, Kaalo	Lincoln Southwest	46.46	1		
22	Fritz, Coulter	Fremont	46.50	2		
23	Pearson, John	Grand Island	46.58	2		
24	Borst, Nick	Norfolk	46.65	3		
25	Appleget, Manny	Lincoln Southeast	46.77	2		
26	Hoff, Josh	Northeast	48.16	1		
27	Collier, Jeremiah	Northeast	49.01	3		
28	McFarland, Jaden	Columbus	49.17	1		
29	Valdez, Carlos	Columbus	54.18	1		
--	Ndugwa, D'Andre	Kearney	DNF	4		

## Heartland Athletic Conference Championships - 5/5/2021

## Grand Island High School

## Results

## Boys 4x100 Meter Relay

=====				
HAC: M 42.62 2012 , Grand Island				
English, Foltz, Urias, Faz				
School		Finals	H#	Points
=====				
1	Kearney 'A'	43.25	2	10
	1) Reuling, Zander			
	2) Miller, Kaden			
	3) Molina, Miguel			
	4) Huber, Theo			
2	Lincoln Southeast 'A'	43.26	2	8
	1) Branch, Derek			
	2) Hirt, Nathan			
	3) Pittman, Eliaz			
	4) Yrastorza, John			
3	Lincoln High School 'A'	44.08	2	6
	1) Kuehn, Hunter			
	2) Vyhidial, Parker			
	3) Ngoyi, Beni			
	4) Mongtmerly, Isaac			
4	Lincoln East 'A'	44.44	2	5
	1) Stephenson, Billie			
	2) McCray, DeKEndrick			
	3) Makinson, Nathan			
	4) Berstler, Rhett			
5	Fremont 'A'	44.63	2	4
	1) LaDay, Jon			
	2) Moore, Micah			
	3) Rich, Hunter			
	4) Sellon, Drew			
6	Lincoln Southwest 'A'	44.71	2	3
	1) Morrow, Gavin			
	2) Stroup, Logan			
	3) Fritton, Collin			
	4) Consbruck, Kyan			
7	Columbus 'A'	44.84	2	2
	1) Mulder, Caleb			
	2) Faz, Christian			
	3) Arevalo, Byron			
	4) Johnson, SirKyivah			
8	Norfolk 'A'	44.90	2	1
	1) Bender, Jacob			
	2) Krohn, Kalen			
	3) Sellin, Tyler			
	4) Brown, Ronney			
9	Lincoln North Star 'A'	44.96	1	
	1) Gruber, Justin			
	2) Koebernich, Max			
	3) Jackson, Kaidyn			
	4) Vo, Travis			
10	Grand Island 'A'	45.84	1	
	1) Fox, Brandon			
	2) Dickenson, Porter			
	3) McDermott, Ayden			
	4) Hernandez, Ariel			
11	Northeast 'A'	45.86	1	
	1) Gary, Xavier			
	2) Gray, Dylan			
	3) Platter, Josh			
	4) Collier, Jeremiah			
12	Pius X 'A'	46.06	1	
	1) Dustin, Marcus			
	2) Staab, Joe			
	3) Grosserode, Reece			
	4) Schnase, Tyler			

## Boys 4x400 Meter Relay

=====				
HAC: M 3:23.49 2012 , Grand Island				
Wichert, Bamesberger, Urias, Foltz				
School		Finals	H#	Points
=====				
1	Kearney 'A'	3:28.74	2	10
	1) Denney, Evan			
	2) Miller, Kaden			
	3) Duttonhoffer, Chris			
	4) Huber, Theo			
	1:43.881 (1:43.881)	2:36.003 (52.123)	3:28.739 (52.736)	
2	Pius X 'A'	3:28.81	2	8
	1) Dalton, James			
	2) Taubenheim, Luke			
	3) Patzel, Nick			
	4) Easley, Sam			
	1:45.816 (1:45.816)	2:37.956 (52.140)	3:28.810 (50.855)	

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys 4x400 Meter Relay**

3 Fremont 'A'			3:29.33	2	6
1) Baker, Tyson		2) Sellon, Drew			
3) Waters, Carter		4) Moore, Micah			
1:44.459 (1:44.459)	2:37.883 (53.425)	3:29.329 (51.446)			
4 Lincoln North Star 'A'			3:34.32	2	5
1) Chot, Liem		2) Dunaski, Matthew			
3) Phlan, Connor		4) Hallett, Dylan			
1:48.539 (1:48.539)	2:41.941 (53.403)	3:34.319 (52.378)			
5 Lincoln East 'A'			3:34.45	2	4
1) Miles, Gabe		2) Bauman, Grant			
3) Coleman, Malachi		4) McCray, DeKEndrick			
1:47.671 (1:47.671)	2:42.612 (54.942)	3:34.448 (51.836)			
6 Lincoln Southeast 'A'			3:38.79	2	3
1) Woods, Henry		2) Yrastorza, John			
3) Zabawa, Joseph		4) Weston, Jack			
1:50.662 (1:50.662)	2:45.314 (54.653)	3:38.788 (53.474)			
7 Lincoln Southwest 'A'			3:39.00	2	2
1) Fox, David		2) Vaughn, Tyler			
3) Kauf, Nick		4) Welch, Aidan			
1:50.986 (1:50.986)	2:44.321 (53.335)	3:38.994 (54.673)			
8 Norfolk 'A'			3:41.09	1	1
1) Sellin, Tyler		2) Krohn, Kalen			
3) Prim, Ryan		4) Jimenez, Issac			
1:50.735 (1:50.735)	2:45.733 (54.999)	3:41.090 (55.358)			
9 Columbus 'A'			3:44.24	1	
1) Ienn, Alex		2) Braun, Carter			
3) Eilers, Isaiah		4) Lawrence, Noah			
1:51.316 (1:51.316)	2:47.736 (56.420)	3:44.240 (56.504)			
10 Grand Island 'A'			3:46.77	1	
1) Fox, Brandon		2) Fyfe, Kytan			
3) Vasquez, Brayen		4) Hurley, Charlie			
1:53.861 (1:53.861)	2:50.834 (56.973)	3:46.770 (55.936)			

**Boys 4x800 Meter Relay**

=====						
HAC: M 7:54.37 2004 , Fremont						
Walker, Leech, Grassmeyer, Parr						
School			Finals	Points		
=====						
1 Fremont 'A'			8:03.06	10		
1) Miller, Nolan		2) Wagner, Owen				
3) Waters, Carter		4) Taylor, Braden				
1:57.821 (1:57.821)	4:01.620 (2:03.799)	6:05.485 (2:03.866)	8:03.060 (1:57.575)			
2 Pius X 'A'			8:05.99	8		
1) Dalton, James		2) Taubenheim, Luke				
3) Butler, Thomas		4) Easley, Sam				
2:03.561 (2:03.561)	4:02.147 (1:58.586)	6:08.086 (2:05.940)	8:05.983 (1:57.898)			
3 Grand Island 'A'			8:19.21	6		
1) Long, Gage		2) Sindelar, Payton				
3) Tompkins, Mason		4) Wiegert, Chrisitan				
2:00.699 (2:00.699)	4:05.048 (2:04.349)	6:09.983 (2:04.936)	8:19.202 (2:09.219)			
4 Lincoln North Star 'A'			8:20.04	5		
1) Zaborowski, Ethan		2) Wasserman, Grant				
3) Chot, Liem		4) Nguyen, Jimmy				
1:59.748 (1:59.748)	4:06.017 (2:06.270)	6:10.996 (2:04.979)	8:20.035 (2:09.040)			



**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Boys High Jump**

9	Boudreau, Brayden	Lincoln Southeast	J5-11.00
	5-07 5-09 5-11 6-01		
	O O XO XXX		
10	Kessler, Jackson	Pius X	J5-11.00
	5-07 5-09 5-11 6-01		
	O XXO XO XXX		
11	Buman, Hayden	Grand Island	5-09.00
	5-07 5-09 5-11		
	P O XXX		
11	Mulder, Caleb	Columbus	5-09.00
	5-07 5-09 5-11		
	P O XXX		
11	Mailhan, Tristan	Kearney	5-09.00
	5-07 5-09 5-11		
	O O XXX		
11	Juracek, Colton	Norfolk	5-09.00
	5-07 5-09 5-11		
	O O XXX		
15	Allen, James	Lincoln High School	J5-09.00
	5-07 5-09 5-11		
	XO O XXX		
16	Boudreau, Barret	Lincoln Southeast	J5-09.00
	5-07 5-09 5-11		
	O XO XXX		
17	Tempelmeyer, Carter	Lincoln East	5-07.00
	5-07 5-09		
	O XXX		
18	Fox, David	Lincoln Southwest	J5-07.00
	5-07 5-09		
	XO XXX		
19	Daberkow, Blake	Pius X	J5-07.00
	5-07 5-09		
	XXO XXX		
19	Manzitto, Colin	Lincoln East	J5-07.00
	5-07 5-09		
	XXO XXX		
19	Becker, Gavin	Pius X	J5-07.00
	5-07 5-09		
	XXO XXX		
--	Jones, Willie	Grand Island	NH
	5-07		
	XXX		
--	Walter, Brady	Fremont	NH
	5-07 5-09 5-11		
	P P XXX		
--	Schleich, Daniel	Columbus	NH
	5-07		
	XXX		
--	Borst, Nick	Norfolk	NH
	5-07		
	XXX		

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**Boys Pole Vault**

=====												
HAC: M 16-00 2012				Steven Cahoy, Grand Island								
HAC: M 16-00 2018				Jake Sellon, Fremont								
Name	Year			School	Finals			Points	=====			
1	Koolen, Brady	Lincoln Southeast			15-02.00	10						
	10-08	11-02	11-08	12-02	12-08	13-02	13-08	14-02	14-08	15-02	16-00	
	P	P	P	P	P	P	P	XO	XO	O	XXX	
2	Sellon, Drew	Fremont			14-08.00	8						
	10-08	11-02	11-08	12-02	12-08	13-02	13-08	14-02	14-08	15-02		
	P	P	P	P	P	O	P	O	XXO	XXX		
3	Marking, Carsen	Columbus			12-08.00	6						
	10-08	11-02	11-08	12-02	12-08	13-02						
	P	O	O	XXO	O	XXX						
4	Arnold, Korbin	Lincoln High School			12-02.00	4.50						
	10-08	11-02	11-08	12-02	12-08							
	O	O	XXO	XO	XXX							
4	Godfrey, Weston	Norfolk			12-02.00	4.50						
	10-08	11-02	11-08	12-02	12-08							
	XO	O	XO	XO	XXX							
6	Dahlman, Adam	Lincoln Southwest			J12-02.00	2.50						
	10-08	11-02	11-08	12-02	12-08							
	P	O	XO	XXO	XXX							
6	Rankin, Tanner	Lincoln Southeast			J12-02.00	2.50						
	10-08	11-02	11-08	12-02	12-08							
	P	O	XO	XXO	XXX							
8	Petersen, Graham	Lincoln Southeast			11-08.00	0.50						
	10-08	11-02	11-08	12-02								
	P	O	O	XXX								
8	Watson, Zack	Kearney			11-08.00	0.50						
	10-08	11-02	11-08	12-02								
	O	O	O	XXX								
10	Flodman, Joe	Lincoln East			J11-08.00							
	10-08	11-02	11-08	12-02								
	XO	O	O	XXX								
11	Dalton, Michael	Fremont			J11-08.00							
	10-08	11-02	11-08	12-02								
	XXO	XXO	XXO	XXX								
12	Mailhan, Tristan	Kearney			11-02.00							
	10-08	11-02	11-08									
	O	O	XXX									
13	Slusarski, Eric	Columbus			J11-02.00							
	10-08	11-02	11-08									
	XO	O	XXX									
14	Green, Rian	Kearney			J11-02.00							
	10-08	11-02	11-08									
	P	XO	XXX									
15	Hyde, Tyler	Columbus			10-08.00							
	10-08	11-02										
	O	XXX										
16	Hudak, Gabe	Lincoln East			J10-08.00							
	10-08	11-02										
	XO	XXX										
--	Portillo, Alex	Grand Island			NH							
	10-08											
	XXX											



**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys Long Jump**

24 Sikes, Jackson	Grand Island	19-01.25	1
18-10.25 FOUL 19-01.25			
25 Richardson, Caleb	Grand Island	18-06.00	2
18-06 17-07 FOUL			
26 Seizys, AJ	Lincoln East	18-01.00	2
18-01 17-06.25 17-09.75			
27 Dustin, Marcus	Pius X	17-09.50	1
17-09.50 17-02.75 16-07.75			
28 Kauf, Nick	Lincoln Southwest	17-08.75	2
FOUL FOUL 17-08.75			
29 Wheeler, Myles	Grand Island	17-07.50	1
FOUL 17-07.50 17-06			
30 Athouris, Nate	Lincoln North Star	17-07.25	1
16-11 FOUL 17-07.25			
31 McCabe, Thomas	Pius X	17-06.50	1
17-06.50 17-01.25 16-09.75			
32 Miller, Tytus	Columbus	17-03.75	1
17-03.75 FOUL 16-04.75			
33 LaPointe, Ashton	Columbus	16-00.75	1
15-09.75 16-00.75 16-00			
-- Platter, Josh	Northeast	FOUL	2
FOUL FOUL FOUL			

**Boys Triple Jump**

=====									
HAC: M 48-01.50 1988 Keith Stobbe, Grand Island									
Name	Year	School	Finals	H#	Points				
=====									
1 Smolik, Ehren		Kearney	44-02.75	3	10				
44-02.75 FOUL FOUL FOUL FOUL FOUL									
2 Oneal, Zendrick		Lincoln Southeast	44-01.25	3	8				
43-04.25 44-01.25 FOUL FOUL FOUL FOUL									
3 Grosserode, Reece		Pius X	42-05.00	3	6				
FOUL 42-05 FOUL 41-03 42-03.50 41-11.50									
4 Nichols, Carson		Kearney	41-10.00	3	5				
40-04 41-03.75 41-10 35-04.50 40-06.75 FOUL									
5 Ngoyi, Beni		Lincoln High School	41-08.25	1	4				
FOUL FOUL 41-08.25 FOUL FOUL FOUL									
6 Combs, Oliver		Kearney	41-05.00	3	3				
40-04 41-00.50 FOUL 41-00.50 39-06.50 41-05									
7 Trost, Logan		Lincoln Southwest	40-09.00	3	2				
40-09 38-06.75 40-04.50 38-05.75 38-07.50 38-01									
8 Micek, Morgan		Lincoln East	40-00.75	3	1				
40-00.75 FOUL 38-00.75 38-01 37-02 38-06									
9 Gibson, Sage		Lincoln High School	39-10.50	2					
38-11.50 37-07.25 39-10.50 FOUL FOUL FOUL									
10 Eubanks, Vince		Lincoln East	39-09.00	1					
38-07 38-02 39-09									
11 Welch, Aidan		Lincoln Southwest	39-07.25	2					
39-07.25 39-05.75 FOUL									
12 Sikes, Jackson		Grand Island	39-06.25	2					
39-06.25 38-06.75 39-02									
13 McCabe, Thomas		Pius X	39-05.50	2					
39-05.50 FOUL FOUL									



**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys Triple Jump**

14	Jonas, Tanner	Lincoln Southwest	39-05.25	2
	38-11 38-07 39-05.25			
15	Jimenez, Issac	Norfolk	39-01.25	3
	39-01.25 39-00 37-04.25			
16	Coleman, Dominic	Lincoln North Star	39-01.00	1
	FOUL FOUL 39-01			
17	Connatser, Kenan	Lincoln East	38-08.75	3
	38-08.75 FOUL FOUL			
18	Mukoma, Kazadi	Grand Island	38-08.00	1
	38-08 37-00.75 37-05			
19	Cunnings, Hudson	Fremont	38-04.00	2
	37-02.25 38-04 FOUL			
20	Hughes, Tate	Pius X	38-03.00	2
	37-05.50 38-03 37-04.50			
21	Bender, Jacob	Norfolk	37-11.50	2
	37-11.50 36-04.25 36-11.50			
22	Branch, Derek	Lincoln Southeast	37-08.75	3
	37-08.75 37-03.75 FOUL			
23	Faz, Christian	Columbus	37-07.50	3
	FOUL FOUL 37-07.50			
24	Goodwin, Dalton	Northeast	37-06.00	2
	37-06 37-00.75 36-11			
25	Hyde, Tyler	Columbus	37-05.00	1
	36-08 36-08 37-05			
26	Avalos, Ben	Fremont	37-02.75	1
	37-00.50 36-10 37-02.75			
27	Mayenx, Max	Northeast	36-03.50	1
	36-03.50 35-00.75 FOUL			
28	Miller, Tytus	Columbus	35-08.50	1
	FOUL 35-08.50 FOUL			
29	Lange, Brendon	Grand Island	35-08.00	1
	FOUL 33-06.75 35-08			
30	Lill, Caden	Lincoln North Star	34-09.25	1
	FOUL FOUL 34-09.25			

**Boys Shot Put**

=====										
	HAC: M 62-04	2002								
										Kurt Mann, Grand Island
	Name		Year	School			Finals	H#	Points	
=====										
1	Cappos, Sam			Lincoln East			55-01.00	4	10	
	FOUL 52-09	FOUL	FOUL	55-01	FOUL					
2	VanWinkle, Gabe			Kearney			53-06.25	4	8	
	50-11 52-02.50	53-06.25	51-09.50	51-10	53-02					
3	Tassemeyer, Riley			Pius X			51-11.00	4	6	
	51-11 FOUL 49-06	FOUL	50-07.25	50-09.50						
4	Rink, Matt			Lincoln Southwest			50-02.00	4	5	
	49-03 47-10 47-04	49-02	50-02	49-11.50						
5	Chrisman, Jaiden			Grand Island			47-08.50	4	4	
	46-01 47-08.50	46-11	FOUL	FOUL	45-09					
6	Mallory, Daylin			Norfolk			47-01.50	3	3	
	47-01.50 FOUL 45-03	FOUL	45-02	FOUL						
7	Shaw, Jordan			Kearney			47-00.00	4	2	
	47-00 46-03 46-04	46-10.75	46-03.50	46-02						

**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Boys Shot Put**

8	Adams, Quinton	Lincoln East	J47-00.00	4	1
	45-05.50 47-00 46-07	FOUL FOUL FOUL			
9	Bos, Jackson	Norfolk	45-08.00	3	
	45-01.50 43-02 45-08	FOUL FOUL FOUL			
10	Summers, Todd	Norfolk	45-07.50	3	
	45-07.50 45-04.50	FOUL			
11	Anthony, Owen	Lincoln Southeast	44-07.75	3	
	44-07.75 44-03 42-04				
12	Schnacker, Carson	Kearney	44-06.00	3	
	42-08 44-06 43-10.75				
13	Blaser, Liam	Columbus	44-02.00	4	
	44-02 42-08	FOUL			
14	Gottula, Gunnar	Lincoln Southeast	44-00.00	3	
	42-07.50 43-00 44-00				
15	LeMay, Gage	Northeast	43-05.75	2	
	42-11	FOUL 43-05.75			
16	Fedde, Carter	Columbus	43-01.00	2	
	FOUL 42-08 43-01				
17	Kerkman, Tyler	Pius X	42-04.50	4	
	FOUL 41-07 42-04.50				
18	Radford, Kolby	Fremont	42-03.00	1	
	39-02.50 39-04 42-03				
19	Hawco, Ian	Lincoln Southeast	42-00.50	3	
	40-09	FOUL 42-00.50			
20	Anson, Eli	Grand Island	41-09.50	1	
	37-04.25 40-03 41-09.50				
21	Gonzalez, Santos	Columbus	41-08.50	3	
	FOUL 41-08.50 38-01				
22	Jochum, Thomas	Lincoln Southwest	41-05.50	2	
	41-05.50 40-07 41-02.50				
23	Williams-Barney, Corlen	Lincoln High School	41-05.25	1	
	41-05.25 38-10 40-03				
24	Suer, Tyler	Fremont	40-07.50	2	
	40-00.25 40-00.75 40-07.50				
25	Douglass, Bo	Grand Island	40-05.00	2	
	37-09 40-02.50 40-05				
26	Welbes, Brandon	Fremont	40-03.00	2	
	FOUL 38-08 40-03				
27	Castle, Tyler	Pius X	39-06.50	2	
	39-06 39-06.50 38-04				
28	Moyer, Spencer	Lincoln Southwest	39-03.00	2	
	39-03 38-02	FOUL			
29	Henly, Tre'quan	Lincoln High School	38-10.00	1	
	38-07 38-10 37-02				
30	Johnson, Carson	Lincoln East	37-09.75	1	
	37-09.75 37-02	FOUL			
31	Wieczorek, Taylor	Lincoln High School	37-07.00	1	
	37-06 36-06.50 37-07				
32	Wilbur, Gavin	Northeast	36-04.00	2	
	36-01	FOUL 36-04			
33	Hansen, Dalton	Lincoln North Star	34-05.50	1	
	33-06.25 33-05 34-05.50				
34	Anderson, Kaleb	Lincoln North Star	33-07.00	1	
	32-11.75	FOUL 33-07			

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Boys Shot Put**

-- Osness, Nathan Fremont FOUL 3  
 FOUL FOUL FOUL

**Boys Discus Throw**

=====									
HAC: M 193-09		2007		Tyler Hitchler, Fremont					
Name	Year	School	Finals	H#	Points				
=====									
1	Cappos, Sam	Lincoln East	154-01	4	10				
	FOUL 150-07	FOUL FOUL 146-00	154-01						
2	Shaw, Jordan	Kearney	151-09	4	8				
	FOUL FOUL 139-11	141-03 144-01	151-09						
3	Rink, Matt	Lincoln Southwest	148-03	4	6				
	148-03 107-06	141-11 132-03	FOUL FOUL						
4	Mallory, Daylin	Norfolk	146-07	4	5				
	FOUL 123-09	146-07 FOUL FOUL	FOUL						
5	Paul, Brooks	Kearney	140-10	4	4				
	116-09 140-10	139-09 138-07	134-04 137-00						
6	Tassemeyer, Riley	Pius X	136-08	3	3				
	134-05 FOUL	133-11 136-08	133-11 131-05						
7	VanWinkle, Gabe	Kearney	135-10	4	2				
	135-10 FOUL	127-01 128-01	FOUL FOUL						
8	Renard, Connor	Northeast	133-08	3	1				
	FOUL FOUL	133-08 FOUL	FOUL 124-03						
9	schamp, Joshua	Norfolk	133-07	3					
	126-02 133-07	126-09 129-01	FOUL 124-03						
10	Gonzalez, Santos	Columbus	133-01	4					
	119-06 125-09	133-01							
11	Vavrina, Nicholas	Lincoln Southeast	129-01	4					
	124-04 129-01	FOUL							
12	Gebers, Will	Lincoln Southwest	128-04	2					
	128-04 FOUL	119-03							
13	Encinger, Jordan	Grand Island	127-00	2					
	FOUL 123-08	127-00							
14	Gottula, Gunnar	Lincoln Southeast	125-08	3					
	111-08 125-08	116-06							
15	Kelly, Reid	Grand Island	124-00	2					
	124-00 FOUL	115-08							
16	Kosman, Ethan	Lincoln Southwest	120-03	2					
	112-08 120-03	115-01							
17	Dixon, Mason	Norfolk	119-10	3					
	119-10 FOUL	119-08							
18	Dolezal, Herman	Pius X	119-02	1					
	FOUL FOUL	119-02							
19	Lindgren, Dylan	Lincoln East	118-03	3					
	113-02 118-03	99-01							
20	Blaser, Liam	Columbus	116-11	2					
	116-08 114-01	116-11							
21	Meyer, Henry	Pius X	116-04	3					
	116-04 104-10	FOUL							
22	Rasmussen, Cade	Fremont	115-07	2					
	113-04 102-05	115-07							
23	Fedde, Carter	Columbus	114-02	2					
	95-04 92-08	114-02							

**Heartland Athletic Conference Championships - 5/5/2021****Grand Island High School****Results****....Boys Discus Throw**

24 Wilbur, Gavin	Northeast	106-02	1
101-07 106-02 95-02			
25 Swinscoe, Ashton	Fremont	105-06	3
105-06 FOUL 102-10			
26 Nebesniak, Ian	Lincoln East	102-10	1
FOUL 102-10 FOUL			
27 Douglass, Bo	Grand Island	99-01	1
84-06 99-01 98-11			
28 Sundquist, Ty	Fremont	94-02	2
FOUL 83-10 94-02			
29 Wieczorek, Taylor	Lincoln High School	88-10	1
FOUL FOUL 88-10			
30 Anderson, Kaleb	Lincoln North Star	86-05	1
86-05 FOUL 72-04			
31 Williams-Barney, Corlen	Lincoln High School	84-05	1
FOUL 83-02 84-05			
-- Burton, Maddox	Lincoln Southeast	FOUL	4
FOUL FOUL FOUL			
-- LeMay, Gage	Northeast	FOUL	3
FOUL FOUL FOUL			

**Mixed 100 Meter Dash UNIFIED**

Name	Year School	Finals	H#
1 Lotspeich, Alex	M Columbus	13.93	1
2 Reiman, Dawson	M Norfolk	14.69	3
3 Summers, Melorie	W Norfolk	15.17	4
4 Matson, Phoebe	M Norfolk	15.32	4
5 Gall, Tessa	W Norfolk	15.51	4
6 Anderson, Rebecca	W Columbus	16.49	2
7 Miller, Breanna	W Grand I	17.32	2
8 DeLeon Morales, Kevin	M Grand I	17.51	2
9 Mefford, Calen	M Norfolk	17.53	3
10 Grudzinski, Andrew	M Grand I	17.72	1
11 Mead, Walker	M Norfolk	17.88	3
12 Retzlaff, Larissa	W Grand I	18.03	1
13 Cuin Rafael, Chelsea	W Grand I	18.23	2
14 Armstrong, Cayden	M Grand I	18.89	1
15 Waite, Sumer	M Norfolk	19.91	4
16 Holland, Jade	M Norfolk	21.59	3
17 Kiichler, Ethan	M Norfolk	21.69	3

**Mixed 4x100 Meter Relay UNIFIED**

School	Finals
1 Grand Island Unified 'A'	59.97
1) Gearhart, Samantha	2) Pelico, Gerson
3) Jimenez, Daniel	4) Salazar, Anthony
2 Norfolk 'A'	1:00.01
1) Summers, Melorie	2) Mefford, Calen
3) Matson, Phoebe	4) Reiman, Dawson
3 Norfolk 'B'	1:15.81
1) Holland, Jade	2) Waite, Sumer

**Heartland Athletic Conference Championships - 5/5/2021**  
**Grand Island High School**  
**Results**

**....Mixed 4x100 Meter Relay UNIFIED**

3) Gall, Tessa

4) Mead, Walker

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Women - Team Rankings - 17 Events Scored

=====

1) Fremont	139	2) Lincoln Southwest	116.50
3) Pius X	82.50	4) Kearney	68
5) Lincoln East	61.50	6) Grand Island	43
7) Columbus	41	8) Lincoln North Star	30
9) Norfolk	26.50	10) Lincoln High School	26
11) Lincoln Southeast	18	12) Northeast	11

=====

Men - Team Rankings - 17 Events Scored

=====

1) Kearney	147.50	2) Fremont	99
3) Lincoln Southeast	78.50	4) Lincoln East	77
5) Lincoln Southwest	65.50	6) Pius X	51
7) Lincoln North Star	36	8) Lincoln High School	34
9) Norfolk	26.50	10) Grand Island	20
11) Columbus	17	12) Northeast	11