

LSW OPEN INV.  
At Lincoln High School  
Thursday / April 1, 2021

**Mask worn when not competing!**

**Bring your own water bottle or container!**

**BRING EXTRA CLOTHING, COLD WEATHER UNDERGARMENTS,  
GLOVES, STOCKING HAT, EAR MUFFS, ETC.**

FIELD EVENTS

Warm ups will begin at 11:15am There will be a 30 minute run through period prior to each event. All athletes should take their run-throughs at this time. Between flights, athletes will be allowed one run through to check their marks. Each athlete will get three attempts

**12:00**        **Girls** High Jump -- Ariana H.

**Boys** HJ follows Girls -- Kui Dui

**Girls** LJ -- Marlana S-G, Taelyn V., Ariana H., Destiny M.

**Girls** TJ follows LJ -- Marlana S-G., Destiny M.

**Boys** LJ -- Sage G., Tyree S., Kui Dui, Lual Lual, Cody W.

**Boys** TJ follows LJ -- Tyree S., Sage G.

**Girls** Shot Put -- McKensie N., Azai R.

**Boys** Shot Put follows Girls -- Jacob Vanway, Nay Htoo, Denzel Lee,  
Lah Htoo, Cameron W., Trey H.

**Boys** Discus -- Jacob Vanway, Nay Htoo, Denzel Lee, Lah Htoo , Trey H.

**Girls** Discus follows Boys -- McKensie Ness, Azai R.

**Boys** Pole Vault -- Dax D., Simon J.

**Girls** Pole Vault follows Boys -- Vivian A., Bayla Y.

**ALL TIMES ARE APPROXIMATE  
MEET WILL RUN AHEAD OF SCHEDULE WHENEVER POSSIBLE.**

**12:55 Girls** 100 HH -- NONE

**1:10 Boys** 110 HH -- NONE

**1:25 Girls** 100 Meters -- Daniela G., Taelyn V., Destiny M., Cora W.

**Boys** 100 Meters -- Cody W., Regiel G., Jacob G., Malaki H., Aye Say H.,  
Kavontay J., Javarea M., Dane M., Christian S., Camden S., Orlando V.

**2:05 Girls** 400 Meters -- Becca H.

**Boys** 400 Meters -- NONE

**2:40 Girls** 1600 Meters -- Ava B.

**Boys** 1600 Meters -- Cooper D., Eli N.

**3:20 Girls** 4 x 100 Relay -- NONE

**Boys** 4 x 100 Relay -- NONE

**3:40 Girls** 300 LH -- NONE

**3:55 Boys** 300m IH -- NONE

**4:20 Girls** 800 Meters -- Mana Jacobo, Ava B., Lana D., Shaba A.

**Boys** 800 Meters -- Cameron W., Cooper D., Eli N. Joseph S.

**4:45 Girls** 200 Meters -- Daniela G., Taelyn V., Destiny M., Cora W.

**Boys** 200 Meters -- Cody W., Regiel G., Jacob G., Malaki H., Aye Say H.,  
Kavontay J., Javarea M., Dane M., Christian S., Camden S., Orlando V.

**5:20 Girls** 3200 Meters -- NONE

**Boys** 3200 Meters -- NONE

**5:45 Girls** 4 x 400 Relay -- Mana Jacobo, Becca H., Lana D., Shaba A.

**Boys** 4 x 400 Relay -- NONE